

# Mindfulness Word Search

## Puzzle 163

K	Z	Y	R	O	E	Y	X	N	S	A	A	S	L	O	W
I	G	M	Q	O	K	K	A	D	X	T	S	P	C	X	D
U	Y	J	O	Z	F	P	T	S	E	R	E	N	I	T	Y
C	I	M	T	W	K	P	L	Z	F	A	H	G	E	U	L
X	O	V	B	G	E	N	U	I	N	E	G	R	P	D	U
T	B	N	B	C	J	B	A	E	D	Y	O	O	M	I	S
M	K	E	C	T	A	H	K	K	J	Q	P	U	B	X	I
C	J	A	G	E	C	P	O	P	Z	U	E	N	E	P	M
U	B	O	M	N	N	K	M	M	B	D	N	D	C	A	P
P	E	A	T	R	G	T	L	S	E	F	U	A	E	T	L
E	F	Y	L	T	C	A	R	I	T	T	U	H	N	I	I
V	P	T	K	A	C	S	U	A	E	I	W	Z	T	E	C
X	Q	J	O	E	N	Y	C	I	T	L	L	P	E	N	I
A	L	O	I	O	D	C	U	V	S	I	N	L	R	C	T
O	G	G	C	O	L	Q	E	C	L	J	O	A	B	E	Y
L	I	M	B	G	X	U	L	J	H	O	T	N	K	Q	Q

**ACCEPT  
BODY  
CENTER  
GENUINE  
HOME  
PATIENCE  
SERENITY  
SLOW**

**BALANCE  
CALM  
CONCENTRATION  
GROUND  
OPEN  
QUIETUDE  
SIMPLICITY  
STILL**

# Mindfulness Word Search

## Puzzle-Solution 163

K	Z	Y	R	O	E	Y	X	N	S	A	A	S	L	O	W
I	G	M	Q	O	K	K	A	D	X	T	S	P	C	X	D
U	Y	J	O	Z	F	P	T	S	E	R	E	N	I	T	Y
C	I	M	T	W	K	P	L	Z	F	A	H	G	E	U	L
X	O	V	B	G	E	N	U	I	N	E	G	R	P	D	U
T	B	N	B	C	J	B	A	E	D	Y	O	O	M	I	S
M	K	E	C	T	A	H	K	K	J	Q	P	U	B	X	I
C	J	A	G	E	C	P	O	P	Z	U	E	N	E	P	M
U	B	O	M	N	N	K	M	M	B	D	N	D	C	A	P
P	E	A	T	R	G	T	L	S	E	F	U	A	E	T	L
E	F	Y	L	T	C	A	R	I	T	T	U	H	N	I	I
V	P	T	K	A	C	S	U	A	E	I	W	Z	T	E	C
X	Q	J	O	E	N	Y	C	I	T	L	L	P	E	N	I
A	L	O	I	O	D	C	U	V	S	I	N	L	R	C	T
O	G	G	C	O	L	Q	E	C	L	J	O	A	B	E	Y
L	I	M	B	G	X	U	L	J	H	O	T	N	K	Q	Q

**ACCEPT**  
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