

Mindfulness Word Search

Puzzle 164

I	D	I	B	H	A	S	E	T	T	L	E	M	E	N	T
Z	S	T	G	G	S	I	I	O	B	S	E	R	V	E	H
I	Y	Y	E	I	E	H	O	P	E	N	N	E	S	S	U
Z	H	Q	W	G	N	K	K	F	D	N	S	E	W	P	Z
P	W	U	O	D	S	S	J	N	O	Q	T	G	G	H	M
U	R	W	J	W	O	H	I	I	O	A	J	E	O	P	T
I	X	E	F	N	R	O	T	G	R	W	M	N	E	N	T
N	V	W	S	O	Y	A	O	T	H	Y	L	C	A	R	E
T	T	I	S	E	V	A	N	U	Q	T	D	E	N	M	P
U	W	D	G	R	N	E	Q	A	U	I	F	R	D	O	F
I	C	U	E	I	C	C	N	L	I	P	I	U	D	G	Z
T	M	S	X	N	L	E	E	E	E	F	U	E	L	G	E
I	B	V	O	G	P	A	K	R	T	T	W	R	U	S	O
O	I	C	E	O	W	W	N	T	U	Y	T	X	I	T	Z
N	Z	N	J	A	R	F	X	T	D	N	M	F	S	T	V
D	F	X	Y	Y	F	P	M	K	E	T	W	Q	A	T	Y

**ALERT
CONCENTRATE
INTUITION
OBSERVATION
OPEN
PRESENCE
QUIETUDE
SETTLEMENT**

**CARE
INSIGHTFUL
KNOWLEDGE
OBSERVE
OPENNESS
PURITY
SENSORY
VIGILANT**

Mindfulness Word Search

Puzzle-Solution 164

I	D	I	B	H	A	S	E	T	T	L	E	M	E	N	T
Z	S	T	G	G	S	I	I	O	B	S	E	R	V	E	H
I	Y	Y	E	I	E	H	O	P	E	N	N	E	S	S	U
Z	H	Q	W	G	N	K	K	F	D	N	S	E	W	P	Z
P	W	U	O	D	S	S	J	N	O	Q	T	G	G	H	M
U	R	W	J	W	O	H	I	I	O	A	J	E	O	P	T
I	X	E	F	N	R	O	T	G	R	W	M	N	E	N	T
N	V	W	S	O	Y	A	O	T	H	Y	L	C	A	R	E
T	T	I	S	E	V	A	N	U	Q	T	D	E	N	M	P
U	W	D	G	R	N	E	Q	A	U	I	F	R	D	O	F
I	C	U	E	I	C	C	N	L	I	P	I	U	D	G	Z
T	M	S	X	N	L	E	E	E	E	F	U	E	L	G	E
I	B	V	O	G	P	A	K	R	T	T	W	R	U	S	O
O	I	C	E	O	W	W	N	T	U	Y	T	X	I	T	Z
N	Z	N	J	A	R	F	X	T	D	N	M	F	S	T	V
D	F	X	Y	Y	F	P	M	K	E	T	W	Q	A	T	Y

ALERT
CONCENTRATE
INTUITION
OBSERVATION
OPEN
PRESENCE
QUIETUDE
SETTLEMENT

CARE
INSIGHTFUL
KNOWLEDGE
OBSERVE
OPENNESS
PURITY
SENSORY
VIGILANT