

Mindfulness Word Search

Puzzle 168

H	S	S	I	N	S	I	G	H	T	C	H	N	Q	E	O
Z	H	R	M	K	D	K	S	J	V	V	G	T	A	V	T
Z	A	C	H	H	O	N	E	S	T	I	W	K	R	N	J
P	C	P	Y	T	B	D	Y	T	L	K	C	Z	E	O	C
U	C	G	T	R	V	L	Y	A	B	J	A	M	F	B	A
H	E	I	T	A	R	E	F	U	G	E	E	H	V	K	U
P	P	N	K	N	Z	J	N	C	A	L	M	N	E	S	S
Q	T	S	M	Q	O	C	L	P	T	Y	E	T	S	U	P
X	A	I	C	U	O	M	Y	T	Q	R	F	A	O	V	A
I	C	G	T	I	E	B	E	Q	U	P	Q	T	F	F	T
Z	N	H	B	L	X	S	S	T	H	O	N	R	T	Y	I
K	J	T	J	V	M	B	R	E	P	Q	Y	U	N	U	E
I	P	F	E	E	L	U	H	R	R	R	M	T	E	C	N
R	O	U	H	N	N	P	W	U	W	V	P	H	S	K	C
J	S	L	S	U	T	Z	J	E	W	N	E	H	S	Z	E
Q	J	Z	R	E	F	L	E	C	T	I	O	N	U	F	L

**ACCEPT
CALMNESS
INSIGHT
INTENT
OBSERVE
REFLECTION
SETTLEMENT
TRANQUIL**

**ALIGN
HONEST
INSIGHTFUL
NURTURE
PATIENCE
REFUGE
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TRUTH**

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Puzzle-Solution 168

H	S	S	I	N	S	I	G	H	T	C	H	N	Q	E	O
Z	H	R	M	K	D	K	S	J	V	V	G	T	A	V	T
Z	A	C	H	H	O	N	E	S	T	I	W	K	R	N	J
P	C	P	Y	T	B	D	Y	T	L	K	C	Z	E	O	C
U	C	G	T	R	V	L	Y	A	B	J	A	M	F	B	A
H	E	I	T	A	R	E	F	U	G	E	E	H	V	K	U
P	P	N	K	N	Z	J	N	C	A	L	M	N	E	S	S
Q	T	S	M	Q	O	C	L	P	T	Y	E	T	S	U	P
X	A	I	C	U	O	M	Y	T	Q	R	F	A	O	V	A
I	C	G	T	I	E	B	E	Q	U	P	Q	T	F	F	T
Z	N	H	B	L	X	S	S	T	H	O	N	R	T	Y	I
K	J	T	J	V	M	B	R	E	P	Q	Y	U	N	U	E
I	P	F	E	E	L	U	H	R	R	M	T	E	C	N	
R	O	U	H	N	N	P	W	U	W	V	P	H	S	K	C
J	S	L	S	U	T	Z	J	E	W	N	E	H	S	Z	E
Q	J	Z	R	E	F	L	E	C	T	I	O	N	U	F	L

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