

Mindfulness Word Search

Puzzle 173

H	B	Y	Q	H	R	K	W	H	O	L	E	N	L	A	H
S	D	R	M	R	Y	E	A	B	S	D	E	Z	P	X	G
E	N	E	H	E	L	Y	F	V	I	S	H	P	M	I	A
T	R	C	C	C	Z	C	F	L	L	O	E	D	U	P	I
T	A	E	O	E	C	Z	H	M	E	A	V	T	C	J	P
L	V	P	M	P	R	E	X	G	N	C	S	M	T	B	Y
E	X	T	P	T	M	V	N	H	C	N	T	E	D	L	E
M	L	I	O	I	V	E	K	T	E	E	G	I	U	G	E
E	T	V	S	V	R	E	R	K	E	U	K	V	O	Z	V
N	K	E	U	I	K	I	C	C	F	R	D	T	S	N	E
T	H	R	R	T	L	H	B	E	Y	V	N	U	E	W	O
E	X	C	E	Y	B	W	R	R	V	E	V	Z	R	Q	U
P	A	U	S	E	R	Q	C	L	S	Q	F	I	E	L	C
T	R	A	N	Q	U	I	L	E	N	F	U	Z	N	Z	B
C	A	G	F	W	S	U	R	H	F	E	D	R	E	M	T
E	Q	S	E	Q	G	P	G	H	X	S	T	E	A	D	Y

**CENTER
MERCY
PRESENT
RECEPTIVITY
REFUGE
SETTLE
SILENCE
TRANQUIL**

**COMPOSURE
PAUSE
RECEPTIVE
REFLECTION
SERENE
SETTLEMENT
STEADY
WHOLE**

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Puzzle-Solution 173

H	B	Y	Q	H	R	K	W	H	O	L	E	N	L	A	H
S	D	R	M	R	Y	E	A	B	S	D	E	Z	P	X	G
E	N	E	H	E	L	Y	F	V	I	S	H	P	M	I	A
T	R	C	C	C	Z	C	F	L	L	O	E	D	U	P	I
T	A	E	O	E	C	Z	H	M	E	A	V	T	C	J	P
L	V	P	M	P	R	E	X	G	N	C	S	M	T	B	Y
E	X	T	P	T	M	V	N	H	C	N	T	E	D	L	E
M	L	I	O	I	V	E	K	T	E	E	G	I	U	G	E
E	T	V	S	V	R	E	R	K	E	U	K	V	O	Z	V
N	K	E	U	I	K	I	C	C	F	R	D	T	S	N	E
T	H	R	R	T	L	H	B	E	Y	V	N	U	E	W	O
E	X	C	E	Y	B	W	R	R	V	E	V	Z	R	Q	U
P	A	U	S	E	R	Q	C	L	S	Q	F	I	E	L	C
T	R	A	N	Q	U	I	L	E	N	F	U	Z	N	Z	B
C	A	G	F	W	S	U	R	H	F	E	D	R	E	M	T
E	Q	S	E	Q	G	P	G	H	X	S	T	E	A	D	Y

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