

Mindfulness Word Search

Puzzle 174

N	H	D	C	H	P	O	R	I	N	S	I	G	H	T	Z
A	A	L	I	G	N	M	E	N	T	K	Z	E	B	O	B
D	X	C	P	Y	W	S	A	C	K	Q	L	E	S	R	W
T	M	T	A	U	A	S	L	I	G	T	B	X	O	D	Y
E	M	R	N	W	J	O	T	E	N	J	B	F	F	E	K
D	C	U	S	U	K	Q	C	E	G	N	A	O	T	R	X
Z	L	T	Q	M	R	N	G	N	R	B	S	T	G	A	U
E	X	H	S	F	A	T	O	J	M	L	D	K	L	Y	O
V	A	A	W	W	O	I	U	K	L	I	M	E	D	P	W
H	M	S	O	V	T	S	S	R	O	F	R	I	E	Z	X
A	N	L	E	A	O	I	B	Z	E	E	W	V	M	S	O
O	L	S	S	F	S	T	A	B	L	E	Y	J	K	X	F
A	Z	N	M	J	U	A	D	Z	A	N	S	N	Y	A	K
P	E	T	Q	A	B	L	X	C	S	T	Q	A	I	P	V
S	A	J	B	T	O	C	W	A	R	M	T	H	O	K	B
C	N	M	V	T	U	H	L	C	H	A	R	M	O	N	Y

**ALIGNMENT
EASEFUL
HARMONY
LIFE
ORDER
RELAX
SOFT
TRUTH**

**ALLOWANCE
GENTLE
INSIGHT
NURTURE
REAL
SENSATION
STABLE
WARMTH**

Mindfulness Word Search

Puzzle-Solution 174

N	H	D	C	H	P	O	R	I	N	S	I	G	H	T	Z
A	A	L	I	G	N	M	E	N	T	K	Z	E	B	O	B
D	X	C	P	Y	W	S	A	C	K	Q	L	E	S	R	W
T	M	T	A	U	A	S	L	I	G	T	B	X	O	D	Y
E	M	R	N	W	J	O	T	E	N	J	B	F	F	E	K
D	C	U	S	U	K	Q	C	E	G	N	A	O	T	R	X
Z	L	T	Q	M	R	N	G	N	R	B	S	T	G	A	U
E	X	H	S	F	A	T	O	J	M	L	D	K	L	Y	O
V	A	A	W	W	O	I	U	K	L	I	M	E	D	P	W
H	M	S	O	V	T	S	S	R	O	F	R	I	E	Z	X
A	N	L	E	A	O	I	B	Z	E	E	W	V	M	S	O
O	L	S	S	F	S	T	A	B	L	E	Y	J	K	X	F
A	Z	N	M	J	U	A	D	Z	A	N	S	N	Y	A	K
P	E	T	Q	A	B	L	X	C	S	T	Q	A	I	P	V
S	A	J	B	T	O	C	W	A	R	M	T	H	O	K	B
C	N	M	V	T	U	H	L	C	H	A	R	M	O	N	Y

ALIGNMENT
EASEFUL
HARMONY
LIFE
ORDER
RELAX
SOFT
TRUTH

ALLOWANCE
GENTLE
INSIGHT
NURTURE
REAL
SENSATION
STABLE
WARMTH