

Mindfulness Word Search

Puzzle 177

Q	O	C	O	N	C	E	N	T	R	A	T	I	O	N	N
E	M	N	L	V	M	Q	R	F	R	K	G	P	H	M	S
B	N	E	H	E	X	A	C	H	M	P	M	U	R	G	I
R	L	E	C	J	E	F	C	S	I	S	O	O	T	H	E
Z	E	A	R	N	D	U	B	K	M	D	P	F	G	Y	F
T	R	S	I	G	O	R	E	F	U	G	E	R	T	I	U
G	O	V	T	T	Y	S	Q	C	T	F	Z	I	D	X	V
K	U	I	R	F	E	Q	R	O	B	E	L	U	P	P	W
V	A	K	E	P	U	G	E	A	L	I	G	N	A	U	S
K	I	Q	C	Z	R	L	A	O	B	F	W	U	T	R	C
P	Y	M	E	D	J	H	H	A	N	Y	I	A	I	P	E
D	R	E	P	N	B	W	T	J	C	Q	R	N	E	O	N
G	E	C	T	Q	V	S	K	R	F	W	X	O	N	S	T
U	P	Y	I	V	E	T	E	J	E	P	O	X	C	E	Y
V	M	G	V	N	Z	M	B	Y	H	E	R	E	E	J	Q
N	M	J	E	Z	J	I	G	D	P	W	L	E	E	M	H

**ALIGN
ENERGY
HERE
PATIENCE
RECEPTIVE
RESTFUL
SOOTHE
TOUCH**

**CONCENTRATION
GRACE
MERCY
PURPOSE
REFUGE
SCENT
STABILITY
WHOLE**

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Puzzle-Solution 177

Q	O	C	O	N	C	E	N	T	R	A	T	I	O	N	N
E	M	N	L	V	M	Q	R	F	R	K	G	P	H	M	S
B	N	E	H	E	X	A	C	H	M	P	M	U	R	G	I
R	L	E	C	J	E	F	C	S	I	S	O	O	T	H	E
Z	E	A	R	N	D	U	B	K	M	D	P	F	G	Y	F
T	R	S	I	G	O	R	E	F	U	G	E	R	T	I	U
G	O	V	T	T	Y	S	Q	C	T	F	Z	I	D	X	V
K	U	I	R	F	E	Q	R	O	B	E	L	U	P	P	W
V	A	K	E	P	U	G	E	A	L	I	G	N	A	U	S
K	I	Q	C	Z	R	L	A	O	B	F	W	U	T	R	C
P	Y	M	E	D	J	H	H	A	N	Y	I	A	I	P	E
D	R	E	P	N	B	W	T	J	C	Q	R	N	E	O	N
G	E	C	T	Q	V	S	K	R	F	W	X	O	N	S	T
U	P	Y	I	V	E	T	E	J	E	P	O	X	C	E	Y
V	M	G	V	N	Z	M	B	Y	H	E	R	E	E	J	Q
N	M	J	E	Z	J	I	G	D	P	W	L	E	E	M	H

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