

Mindfulness Word Search

Puzzle 178

O	C	N	S	Z	D	V	Q	E	V	G	T	I	V	B	H
R	C	B	N	Z	Z	M	M	P	X	C	S	C	M	R	Y
Z	U	O	H	K	V	O	A	W	K	J	Y	H	S	Q	J
Y	O	P	M	A	H	C	Z	B	Y	S	T	P	E	W	C
M	O	U	A	P	V	Q	H	H	V	Y	G	Q	T	K	K
A	S	V	S	U	A	E	A	F	H	Z	A	Y	T	M	H
A	W	D	W	F	S	S	N	R	G	A	X	D	L	P	Z
L	J	A	H	A	M	E	S	I	J	G	T	T	E	D	V
I	J	V	R	L	Y	O	S	I	S	O	F	T	H	M	E
G	J	H	Q	E	M	L	C	J	O	K	Z	C	B	O	N
N	K	Y	N	L	N	D	R	R	H	N	V	V	W	B	E
M	O	R	R	E	C	E	P	T	I	V	I	T	Y	S	R
E	P	K	E	Y	J	U	S	U	T	J	D	P	T	E	G
N	E	Z	W	S	E	T	T	S	D	D	G	S	D	R	Y
T	N	T	Z	A	T	P	R	E	F	U	G	E	O	V	K
Y	K	T	P	I	V	D	P	R	E	S	E	N	C	E	M

**ALIGNMENT
COMPASSION
HAVEN
OBSERVE
PAUSE
RECEPTIVITY
REST
SETTLE**

**AWARENESS
ENERGY
HOME
OPEN
PRESENCE
REFUGE
RHYTHM
SOFT**

Mindfulness Word Search

Puzzle-Solution 178

O	C	N	S	Z	D	V	Q	E	V	G	T	I	V	B	H
R	C	B	N	Z	Z	M	M	P	X	C	S	C	M	R	Y
Z	U	O	H	K	V	O	A	W	K	J	Y	H	S	Q	J
Y	O	P	M	A	H	C	Z	B	Y	S	T	P	E	W	C
M	O	U	A	P	V	Q	H	H	V	Y	G	Q	T	K	K
A	S	V	S	U	A	E	A	F	H	Z	A	Y	T	M	H
A	W	D	W	F	S	S	N	R	G	A	X	D	L	P	Z
L	J	A	H	A	M	E	S	I	J	G	T	T	E	D	V
I	J	V	R	L	Y	O	S	I	S	O	F	T	H	M	E
G	J	H	Q	E	M	L	C	J	O	K	Z	C	B	O	N
N	K	Y	N	L	N	D	R	R	H	N	V	V	W	B	E
M	O	R	R	E	C	E	P	T	I	V	I	T	Y	S	R
E	P	K	E	Y	J	U	S	U	T	J	D	P	T	E	G
N	E	Z	W	S	E	T	T	S	D	D	G	S	D	R	Y
T	N	T	Z	A	T	P	R	E	F	U	G	E	O	V	K
Y	K	T	P	I	V	D	P	R	E	S	E	N	C	E	M

ALIGNMENT
COMPASSION
HAVEN
OBSERVE
PAUSE
RECEPTIVITY
REST
SETTLE

AWARENESS
ENERGY
HOME
OPEN
PRESENCE
REFUGE
RHYTHM
SOFT