

Mindfulness Word Search

Puzzle 183

M	Y	M	I	N	D	A	E	Q	Z	U	P	O	O	H	H
F	I	I	G	Q	H	H	O	U	A	I	Q	Z	P	P	A
R	Z	N	C	S	T	A	B	I	L	I	T	Y	S	E	T
O	G	D	D	O	E	F	F	O	R	T	L	E	S	S	N
C	R	I	O	F	I	N	T	R	O	S	P	E	C	T	W
N	A	S	O	B	U	G	H	E	R	N	Y	V	W	P	H
W	Z	L	M	P	J	L	W	Q	H	Z	B	D	I	D	E
H	C	S	M	X	C	C	N	S	D	R	A	U	M	V	R
O	K	P	U	N	Y	G	O	E	E	D	L	C	E	Y	E
L	F	U	Z	C	E	F	O	N	S	K	A	L	N	Z	F
E	Y	K	R	H	E	S	T	S	T	S	N	A	T	I	P
N	F	E	K	G	Y	Q	S	O	V	E	C	R	A	Z	Y
E	M	X	U	E	E	W	Z	R	C	G	E	I	L	C	H
S	S	F	G	U	D	G	L	Y	L	R	G	T	I	D	I
S	E	T	F	Z	B	I	F	X	D	A	R	Y	T	A	V
R	N	F	Z	I	P	Y	M	B	S	B	B	H	Y	H	G

**BALANCE
CLARITY
HERE
MENTALITY
MIND
OPEN
SENSORY
STABILITY**

**CALMNESS
EFFORTLESS
INTROSPECT
MERCY
MINDFULNESS
REFUGE
SOOTHE
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 183

M	Y	M	I	N	D	A	E	Q	Z	U	P	O	O	H	H
F	I	I	G	Q	H	H	O	U	A	I	Q	Z	P	P	A
R	Z	N	C	S	T	A	B	I	L	I	T	Y	S	E	T
O	G	D	D	O	E	F	F	O	R	T	L	E	S	S	N
C	R	I	O	F	I	N	T	R	O	S	P	E	C	T	W
N	A	S	O	B	U	G	H	E	R	N	Y	V	W	P	H
W	Z	L	M	P	J	L	W	Q	H	Z	B	D	I	D	E
H	C	S	M	X	C	C	N	S	D	R	A	U	M	V	R
O	K	P	U	N	Y	G	O	E	E	D	L	C	E	Y	E
L	F	U	Z	C	E	F	O	N	S	K	A	L	N	Z	F
E	Y	K	R	H	E	S	T	S	T	S	N	A	T	I	P
N	F	E	K	G	Y	Q	S	O	V	E	C	R	A	Z	Y
E	M	X	U	E	E	W	Z	R	C	G	E	I	L	C	H
S	S	F	G	U	D	G	L	Y	L	R	G	T	I	D	I
S	E	T	F	Z	B	I	F	X	D	A	R	Y	T	A	V
R	N	F	Z	I	P	Y	M	B	S	B	B	H	Y	H	G

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