

Mindfulness Word Search

Puzzle 191

Q	C	O	C	A	Z	Y	S	G	R	T	H	S	U	Y	B
C	R	O	X	M	F	H	G	F	H	V	S	P	F	C	M
N	E	V	N	B	Z	X	Q	G	S	E	X	A	M	O	C
J	L	O	T	T	G	W	I	E	N	N	A	U	Y	N	S
W	I	Y	B	R	E	S	A	E	J	Z	C	S	Z	S	E
C	E	J	I	N	U	M	L	P	R	E	S	E	N	C	E
E	F	H	E	R	E	T	P	T	I	X	M	L	N	I	R
Q	I	V	N	B	N	G	H	L	K	D	F	J	Y	O	M
S	A	A	R	E	U	M	X	S	A	U	B	G	O	U	E
H	K	E	G	E	J	B	X	Q	T	T	J	N	F	S	N
Y	H	S	N	Z	G	M	N	G	E	B	I	U	C	N	T
Y	X	E	S	N	U	R	T	U	R	E	T	O	O	E	A
C	Y	N	P	R	E	S	E	N	T	Q	P	P	N	S	L
M	I	S	X	I	N	S	I	G	H	T	F	U	L	S	D
H	J	E	H	E	T	V	K	D	C	B	M	L	Q	W	M
S	Y	L	J	B	A	L	L	O	W	A	N	C	E	Z	D

ALLOWANCE
CONTEMPLATION
HAVEN
INSIGHTFUL
NURTURE
PRESENCE
RELIEF
SIGHT

CONSCIOUSNESS
GENTLENESS
HERE
MENTAL
PAUSE
PRESENT
SENSE
TRUTH

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Puzzle-Solution 191

Q	C	O	C	A	Z	Y	S	G	R	T	H	S	U	Y	B
C	R	O	X	M	F	H	G	F	H	V	S	P	F	C	M
N	E	V	N	B	Z	X	Q	G	S	E	X	A	M	O	C
J	L	O	T	T	G	W	I	E	N	N	A	U	Y	N	S
W	I	Y	B	R	E	S	A	E	J	Z	C	S	Z	S	E
C	E	J	I	N	U	M	L	P	R	E	S	E	N	C	E
E	F	H	E	R	E	T	P	T	I	X	M	L	N	I	R
Q	I	V	N	B	N	G	H	L	K	D	F	J	Y	O	M
S	A	A	R	E	U	M	X	S	A	U	B	G	O	U	E
H	K	E	G	E	J	B	X	Q	T	T	J	N	F	S	N
Y	H	S	N	Z	G	M	N	G	E	B	I	U	C	N	T
Y	X	E	S	N	U	R	T	U	R	E	T	O	O	E	A
C	Y	N	P	R	E	S	E	N	T	Q	P	P	N	S	L
M	I	S	X	I	N	S	I	G	H	T	F	U	L	S	D
H	J	E	H	E	T	V	K	D	C	B	M	L	Q	W	M
S	Y	L	J	B	A	L	L	O	W	A	N	C	E	Z	D

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