

Mindfulness Word Search

Puzzle 195

X	X	W	D	G	G	E	N	T	L	E	N	E	S	S	K
B	A	A	C	B	R	V	G	N	T	C	C	J	M	Y	J
Z	X	R	X	M	V	I	O	R	R	N	B	R	L	F	G
D	S	M	T	N	O	G	D	W	A	C	R	R	W	L	N
R	U	T	N	W	P	N	K	R	N	C	A	G	P	Q	O
J	P	H	U	X	I	X	B	E	Q	H	E	L	E	S	B
H	P	P	Q	M	X	Z	H	F	U	U	S	F	M	B	Y
U	O	R	S	F	U	X	B	L	I	J	E	M	U	O	C
X	R	J	M	W	W	A	W	E	L	E	R	J	K	L	A
D	T	M	E	R	C	Y	T	C	I	D	E	D	G	F	L
I	Z	E	M	F	V	M	H	T	T	A	N	L	Y	N	I
P	U	R	P	O	S	E	O	I	Y	Y	E	H	F	R	B
P	V	T	Y	R	E	A	L	O	N	E	N	E	S	S	R
F	W	D	E	N	W	P	P	N	B	Z	V	N	G	R	A
C	O	T	P	F	R	S	E	N	S	A	T	I	O	N	T
B	F	P	K	N	E	N	J	S	U	X	N	O	P	J	E

**BODY
CALM
GRACEFUL
MIND
PURPOSE
REFLECTION
SERENE
TRANQUILITY**

**CALIBRATE
GENTLENESS
MERCY
ONENESS
REAL
SENSATION
SUPPORT
WARMTH**

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Puzzle-Solution 195

X	X	W	D	G	G	E	N	T	L	E	N	E	S	S	K
B	A	A	C	B	R	V	G	N	T	C	C	J	M	Y	J
Z	X	R	X	M	V	I	O	R	R	N	B	R	L	F	G
D	S	M	T	N	O	G	D	W	A	C	R	R	W	L	N
R	U	T	N	W	P	N	K	R	N	C	A	G	P	Q	O
J	P	H	U	X	I	X	B	E	Q	H	E	L	E	S	B
H	P	P	Q	M	X	Z	H	F	U	U	S	F	M	B	Y
U	O	R	S	F	U	X	B	L	I	J	E	M	U	O	C
X	R	J	M	W	W	A	W	E	L	E	R	J	K	L	A
D	T	M	E	R	C	Y	T	C	I	D	E	D	G	F	L
I	Z	E	M	F	V	M	H	T	T	A	N	L	Y	N	I
P	U	R	P	O	S	E	O	I	Y	Y	E	H	F	R	B
P	V	T	Y	R	E	A	L	O	N	E	N	E	S	S	R
F	W	D	E	N	W	P	P	N	B	Z	V	N	G	R	A
C	O	T	P	F	R	S	E	N	S	A	T	I	O	N	T
B	F	P	K	N	E	N	J	S	U	X	N	O	P	J	E

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