

Mindfulness Word Search

Puzzle 208

S	Z	P	C	T	O	U	C	H	H	O	F	D	W	C	Z
X	T	G	X	Z	V	N	X	R	T	K	G	O	I	A	N
S	B	S	C	P	F	Z	U	I	E	E	N	F	K	M	U
E	Z	R	O	O	Q	I	R	U	C	F	A	D	R	I	R
N	Y	W	E	Z	N	I	I	N	N	E	U	F	J	J	T
S	C	F	O	A	P	C	A	N	Y	G	V	G	A	S	U
A	F	G	V	S	T	W	E	Q	M	P	A	P	E	I	R
T	N	K	N	O	O	H	X	N	A	U	C	E	P	N	E
I	V	O	Y	L	B	Z	F	M	T	X	S	M	J	C	I
O	I	M	L	L	Z	R	M	U	Q	R	S	P	X	E	A
N	G	A	W	E	Q	Z	C	Y	L	S	A	A	J	R	L
W	I	T	I	N	T	E	N	T	I	O	N	T	M	E	W
K	L	M	V	I	T	A	L	I	T	Y	L	H	I	N	L
H	A	X	K	K	I	J	A	Z	M	S	F	Y	R	O	B
R	N	S	I	T	H	Q	E	T	S	E	N	S	E	W	N
X	T	F	O	M	I	N	D	F	U	L	N	E	S	S	D

**ALLOWANCE
CONCENTRATION
INTENTION
NOW
REFUGE
SENSE
SPIRIT
VIGILANT**

**BREATHFUL
EMPATHY
MINDFULNESS
NURTURE
SENSATION
SINCERE
TOUCH
VITALITY**

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Puzzle-Solution 208

S	Z	P	C	T	O	U	C	H	H	O	F	D	W	C	Z
X	T	G	X	Z	V	N	X	R	T	K	G	O	I	A	N
S	B	S	C	P	F	Z	U	I	E	E	N	F	K	M	U
E	Z	R	O	O	Q	I	R	U	C	F	A	D	R	I	R
N	Y	W	E	Z	N	I	I	N	N	E	U	F	J	J	T
S	C	F	O	A	P	C	A	N	Y	G	V	G	A	S	U
A	F	G	V	S	T	W	E	Q	M	P	A	P	E	I	R
T	N	K	N	O	O	H	X	N	A	U	C	E	P	N	E
I	V	O	Y	L	B	Z	F	M	T	X	S	M	J	C	I
O	I	M	L	L	Z	R	M	U	Q	R	S	P	X	E	A
N	G	A	W	E	Q	Z	C	Y	L	S	A	A	J	R	L
W	I	T	I	N	T	E	N	T	I	O	N	T	M	E	W
K	L	M	V	I	T	A	L	I	T	Y	L	H	I	N	L
H	A	X	K	K	I	J	A	Z	M	S	F	Y	R	O	B
R	N	S	I	T	H	Q	E	T	S	E	N	S	E	W	N
X	T	F	O	M	I	N	D	F	U	L	N	E	S	S	D

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