

Mindfulness Word Search

Puzzle 209

B	C	W	U	R	M	O	X	B	Z	B	K	S	B	K	L
X	U	M	S	Y	E	A	D	P	W	F	U	E	G	P	G
S	I	T	G	H	N	S	P	C	L	J	C	R	Z	R	M
S	Y	R	M	U	T	D	T	Z	L	Y	A	E	X	E	U
W	I	A	W	T	A	O	Z	O	Q	A	M	N	E	S	N
K	A	N	Y	U	L	H	R	P	R	O	Q	E	B	E	A
S	I	Q	C	R	M	W	E	E	X	A	Z	R	O	N	K
D	G	U	J	E	O	I	C	Q	F	L	T	T	E	C	B
Z	R	I	A	N	R	I	Y	O	M	L	C	I	K	E	S
I	K	L	K	O	T	E	A	D	P	O	J	T	V	S	O
L	G	I	T	O	W	H	O	L	E	W	K	E	B	E	U
H	V	T	N	R	E	L	A	X	P	A	B	T	I	G	N
X	C	Y	O	U	R	O	F	A	K	N	S	M	I	K	D
S	E	T	T	L	E	X	V	L	L	C	G	E	X	L	J
P	O	N	E	N	E	S	S	A	J	E	M	V	K	O	C
D	C	O	N	T	I	N	U	I	T	Y	D	C	Q	V	K

**ALLOWANCE
EASE
NOTICE
ONENESS
RELAX
SERENE
SINCERE
TRANQUILITY**

**CONTINUITY
MENTAL
NOW
PRESENCE
RESTORATIVE
SETTLE
SOUND
WHOLE**

Mindfulness Word Search

Puzzle-Solution 209

B	C	W	U	R	M	O	X	B	Z	B	K	S	B	K	L
X	U	M	S	Y	E	A	D	P	W	F	U	E	G	P	G
S	I	T	G	H	N	S	P	C	L	J	C	R	Z	R	M
S	Y	R	M	U	T	D	T	Z	L	Y	A	E	X	E	U
W	I	A	W	T	A	O	Z	O	Q	A	M	N	E	S	N
K	A	N	Y	U	L	H	R	P	R	O	Q	E	B	E	A
S	I	Q	C	R	M	W	E	E	X	A	Z	R	O	N	K
D	G	U	J	E	O	I	C	Q	F	L	T	T	E	C	B
Z	R	I	A	N	R	I	Y	O	M	L	C	I	K	E	S
I	K	L	K	O	T	E	A	D	P	O	J	T	V	S	O
L	G	I	T	O	W	H	O	L	E	W	K	E	B	E	U
H	V	T	N	R	E	L	A	X	P	A	B	T	I	G	N
X	C	Y	O	U	R	O	F	A	K	N	S	M	I	K	D
S	E	T	T	L	E	X	V	L	L	C	G	E	X	L	J
P	O	N	E	N	E	S	S	A	J	E	M	V	K	O	C
D	C	O	N	T	I	N	U	I	T	Y	D	C	Q	V	K

ALLOWANCE
EASE
NOTICE
ONENESS
RELAX
SERENE
SINCERE
TRANQUILITY

CONTINUITY
MENTAL
NOW
PRESENCE
RESTORATIVE
SETTLE
SOUND
WHOLE