

# Mindfulness Word Search

## Puzzle 212

U	S	V	Y	Y	Q	J	V	Z	H	S	S	D	E	E	V
Z	C	O	N	T	E	M	P	L	A	T	I	O	N	G	U
G	I	L	F	H	M	C	A	L	M	Y	A	A	U	J	J
Z	C	C	K	T	W	F	S	M	O	Y	C	E	C	N	P
N	F	R	F	R	E	N	E	E	M	A	I	Q	M	W	D
S	S	F	E	I	L	V	C	N	W	U	O	U	E	C	W
D	O	I	L	F	R	S	O	T	H	L	J	A	N	H	O
R	Q	E	F	E	L	C	Q	A	K	I	A	N	T	Y	D
W	R	S	S	D	E	E	B	L	N	N	H	I	A	D	N
O	I	B	Z	N	Z	N	C	I	Z	D	S	M	L	L	M
S	O	O	E	F	P	T	U	T	W	B	B	I	G	Z	F
O	G	R	O	Y	L	P	Z	Y	I	X	H	T	C	O	R
W	E	L	Q	C	K	H	B	W	V	O	Q	Y	O	N	C
S	V	X	W	C	W	Z	K	I	N	D	N	E	S	S	O
W	E	F	F	O	R	T	L	E	S	S	J	V	C	X	Z
Q	G	T	L	R	E	S	T	O	R	A	T	I	V	E	Y

**CALM**  
**COZY**  
**EQUANIMITY**  
**MENTAL**  
**OBSERVE**  
**RELIEF**  
**SCENT**  
**SOFT**

**CONTEMPLATION**  
**EFFORTLESS**  
**KINDNESS**  
**MENTALITY**  
**REFLECTION**  
**RESTORATIVE**  
**SERENE**  
**SOUND**

# Mindfulness Word Search

## Puzzle-Solution 212

U	S	V	Y	Y	Q	J	V	Z	H	S	S	D	E	E	V
Z	C	O	N	T	E	M	P	L	A	T	I	O	N	G	U
G	I	L	F	H	M	C	A	L	M	Y	A	A	U	J	J
Z	C	C	K	T	W	F	S	M	O	Y	C	E	C	N	P
N	F	R	F	R	E	N	E	E	M	A	I	Q	M	W	D
S	S	F	E	I	L	V	C	N	W	U	O	U	E	C	W
D	O	I	L	F	R	S	O	T	H	L	J	A	N	H	O
R	Q	E	F	E	L	C	Q	A	K	I	A	N	T	Y	D
W	R	S	S	D	E	E	B	L	N	N	H	I	A	D	N
O	I	B	Z	N	Z	N	C	I	Z	D	S	M	L	L	M
S	O	O	E	F	P	T	U	T	W	B	B	I	G	Z	F
O	G	R	O	Y	L	P	Z	Y	I	X	H	T	C	O	R
W	E	L	Q	C	K	H	B	W	V	O	Q	Y	O	N	C
S	V	X	W	C	W	Z	K	I	N	D	N	E	S	S	O
W	E	F	F	O	R	T	L	E	S	S	J	V	C	X	Z
Q	G	T	L	R	E	S	T	O	R	A	T	I	V	E	Y

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