

# Mindfulness Word Search

## Puzzle 220

V	C	G	I	Y	N	B	S	E	C	U	R	I	T	Y	P
P	A	R	C	O	N	T	E	M	P	L	A	T	I	O	N
M	L	A	G	E	N	T	L	E	N	E	S	S	U	J	D
K	M	C	Q	R	E	S	T	O	R	A	T	I	V	E	P
K	N	E	G	R	G	M	G	Q	R	K	P	Z	K	I	W
C	E	F	R	I	H	D	L	C	M	J	M	L	G	V	N
U	S	E	T	G	N	H	K	O	I	G	W	H	C	O	Y
T	S	K	R	Y	P	S	A	Z	X	U	U	H	I	T	A
S	E	N	S	O	R	Y	I	Y	K	P	A	T	I	A	T
T	H	D	O	B	Q	T	A	G	E	O	A	L	E	O	T
J	T	Q	Q	T	P	U	F	W	H	S	A	U	A	E	E
N	U	A	F	T	K	T	I	V	N	T	S	W	C	P	N
L	E	M	S	J	J	G	X	E	I	T	F	I	R	F	T
D	G	M	I	T	S	E	S	V	T	S	T	U	K	C	I
U	N	I	T	Y	E	A	C	D	W	O	K	L	L	D	O
B	B	L	U	H	C	G	B	O	N	Q	T	U	Q	H	N

**ATTENTION  
CONTEMPLATION  
GENTLENESS  
INSIGHTFUL  
QUIET  
SECURITY  
SENSORY  
UNITY**

**CALMNESS  
COZY  
GRACE  
NOTICE  
RESTORATIVE  
SENSATION  
TASTE  
VITALITY**

# Mindfulness Word Search

## Puzzle-Solution 220

V	C	G	I	Y	N	B	S	E	C	U	R	I	T	Y	P
P	A	R	C	O	N	T	E	M	P	L	A	T	I	O	N
M	L	A	G	E	N	T	L	E	N	E	S	S	U	J	D
K	M	C	Q	R	E	S	T	O	R	A	T	I	V	E	P
K	N	E	G	R	G	M	G	Q	R	K	P	Z	K	I	W
C	E	F	R	I	H	D	L	C	M	J	M	L	G	V	N
U	S	E	T	G	N	H	K	O	I	G	W	H	C	O	Y
T	S	K	R	Y	P	S	A	Z	X	U	U	H	I	T	A
S	E	N	S	O	R	Y	I	Y	K	P	A	T	I	A	T
T	H	D	O	B	Q	T	A	G	E	O	A	L	E	O	T
J	T	Q	Q	T	P	U	F	W	H	S	A	U	A	E	E
N	U	A	F	T	K	T	I	V	N	T	S	W	C	P	N
L	E	M	S	J	J	G	X	E	I	T	F	I	R	F	T
D	G	M	I	T	S	E	S	V	T	S	T	U	K	C	I
U	N	I	T	Y	E	A	C	D	W	O	K	L	L	D	O
B	B	L	U	H	C	G	B	O	N	Q	T	U	Q	H	N

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