

# Mindfulness Word Search

## Puzzle 221

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| J | Z | A | U | A | Q | P | J | I | C | S | R | P | I | X | N |
| I | V | C | O | N | S | C | I | O | U | S | N | E | S | S | W |
| T | R | U | T | H | F | U | L | H | A | U | S | R | O | I | H |
| Y | X | W | G | D | Q | T | D | T | P | V | T | C | T | O | S |
| C | G | Q | O | R | C | L | R | B | O | Z | A | E | A | J | I |
| A | V | M | J | Q | A | J | C | U | D | T | B | P | A | B | N |
| L | S | I | V | K | D | C | S | E | T | R | L | T | X | V | S |
| M | E | W | T | W | C | S | E | N | Y | H | E | I | Y | U | I |
| F | X | H | H | A | E | V | E | F | O | N | D | O | P | D | G |
| I | Y | C | E | N | L | M | Z | Y | U | C | F | N | F | C | H |
| V | J | F | M | A | N | I | D | D | G | L | B | U | D | K | T |
| G | I | L | B | G | L | B | T | D | N | K | M | E | R | C | Y |
| Y | A | O | I | A | U | G | S | Y | L | L | J | I | P | T | Q |
| C | J | L | H | E | A | L | T | H | A | Y | R | Y | K | S | W |
| W | A | M | E | A | S | E | F | U | L | J | S | F | E | Y | Y |
| T | N | X | S | E | T | T | L | E | M | E | N | T | W | J | J |

**ALIGNMENT  
CALMNESS  
EASEFUL  
HEAL  
INSIGHT  
PERCEPTION  
STABLE  
TRUTHFUL**

**CALM  
CONSCIOUSNESS  
GRACEFUL  
HEALTH  
MERCY  
SETTLEMENT  
TRUTH  
VITALITY**

# Mindfulness Word Search

## Puzzle-Solution 221

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| J | Z | A | U | A | Q | P | J | I | C | S | R | P | I | X | N |
| I | V | C | O | N | S | C | I | O | U | S | N | E | S | S | W |
| T | R | U | T | H | F | U | L | H | A | U | S | R | O | I | H |
| Y | X | W | G | D | Q | T | D | T | P | V | T | C | T | O | S |
| C | G | Q | O | R | C | L | R | B | O | Z | A | E | A | J | I |
| A | V | M | J | Q | A | J | C | U | D | T | B | P | A | B | N |
| L | S | I | V | K | D | C | S | E | T | R | L | T | X | V | S |
| M | E | W | T | W | C | S | E | N | Y | H | E | I | Y | U | I |
| F | X | H | H | A | E | V | E | F | O | N | D | O | P | D | G |
| I | Y | C | E | N | L | M | Z | Y | U | C | F | N | F | C | H |
| V | J | F | M | A | N | I | D | D | G | L | B | U | D | K | T |
| G | I | L | B | G | L | B | T | D | N | K | M | E | R | C | Y |
| Y | A | O | I | A | U | G | S | Y | L | L | J | I | P | T | Q |
| C | J | L | H | E | A | L | T | H | A | Y | R | Y | K | S | W |
| W | A | M | E | A | S | E | F | U | L | J | S | F | E | Y | Y |
| T | N | X | S | E | T | T | L | E | M | E | N | T | W | J | J |

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