

Mindfulness Word Search

Puzzle 226

C	X	B	Q	I	N	E	S	W	I	K	Z	R	C	D	B
R	S	G	U	A	N	L	Q	X	E	A	W	A	R	E	H
M	T	P	M	I	I	T	T	U	Y	L	D	S	K	J	A
T	E	E	I	X	P	Q	E	D	A	N	L	R	M	Y	Y
N	R	N	U	R	D	R	S	G	U	B	S	N	R	W	A
T	V	A	T	Z	I	U	M	O	R	V	L	R	E	K	F
T	Z	K	N	A	A	T	R	O	X	I	S	E	U	S	Q
E	A	N	W	Q	L	G	G	P	M	Q	T	H	R	A	S
Q	Y	O	A	K	U	I	B	W	S	S	E	Y	Q	X	A
K	B	W	R	J	N	I	F	A	J	H	A	V	E	N	D
W	A	L	M	B	A	A	L	L	O	W	N	C	L	N	N
T	U	E	T	N	L	Y	C	I	F	D	W	H	U	T	C
I	E	D	H	B	I	M	Z	H	T	L	Z	O	E	R	S
L	A	G	H	I	G	W	S	G	H	Y	S	I	P	H	V
C	S	E	R	W	N	X	E	A	T	V	U	V	L	R	I
B	E	Y	C	D	U	L	S	R	K	Q	H	O	I	K	D

**ALIGN
AWARE
EQUABLE
HAVEN
KNOWLEDGE
QUIET
SPIRIT
WARMTH**

**ALLOW
EASE
GROUND
INTEGRITY
MENTAL
SOUND
TRANQUILITY
WELLNESS**

Mindfulness Word Search

Puzzle-Solution 226

C	X	B	Q	I	N	E	S	W	I	K	Z	R	C	D	B
R	S	G	U	A	N	L	Q	X	E	A	W	A	R	E	H
M	T	P	M	I	I	T	T	U	Y	L	D	S	K	J	A
T	E	E	I	X	P	Q	E	D	A	N	L	R	M	Y	Y
N	R	N	U	R	D	R	S	G	U	B	S	N	R	W	A
T	V	A	T	Z	I	U	M	O	R	V	L	R	E	K	F
T	Z	K	N	A	A	T	R	O	X	I	S	E	U	S	Q
E	A	N	W	Q	L	G	G	P	M	Q	T	H	R	A	S
Q	Y	O	A	K	U	I	B	W	S	S	E	Y	Q	X	A
K	B	W	R	J	N	I	F	A	J	H	A	V	E	N	D
W	A	L	M	B	A	A	L	L	O	W	N	C	L	N	N
T	U	E	T	N	L	Y	C	I	F	D	W	H	U	T	C
I	E	D	H	B	I	M	Z	H	T	L	Z	O	E	R	S
L	A	G	H	I	G	W	S	G	H	Y	S	I	P	H	V
C	S	E	R	W	N	X	E	A	T	V	U	V	L	R	I
B	E	Y	C	D	U	L	S	R	K	Q	H	O	I	K	D

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