

# Mindfulness Word Search

## Puzzle 227

T	Z	B	Q	I	A	R	W	D	M	C	X	C	I	L	K
O	S	X	Y	D	N	X	E	H	B	Q	L	N	B	W	Q
L	P	A	S	I	B	T	T	C	O	X	Q	Q	E	N	G
E	I	T	I	I	T	Y	E	O	E	L	R	G	B	T	L
R	R	Q	G	D	H	D	M	G	P	P	E	V	F	I	J
A	I	E	H	R	U	A	K	E	R	E	T	S	R	Q	I
N	T	F	T	T	L	I	H	P	R	I	F	I	N	J	U
C	B	Z	E	I	O	I	U	S	K	C	T	R	V	M	I
E	S	I	P	I	R	E	S	T	N	S	Y	Y	F	E	N
F	U	C	O	N	T	E	M	P	L	A	T	I	O	N	T
Q	X	A	Z	C	N	Y	S	H	T	F	Q	D	G	A	E
M	U	C	Z	M	R	M	G	Y	F	E	V	K	C	Q	N
P	N	X	L	A	C	V	H	P	O	T	D	S	S	O	T
Z	C	A	T	C	O	Q	O	L	Z	Y	X	J	F	Z	I
A	C	C	R	C	O	M	P	A	S	S	I	O	N	R	O
S	C	A	C	E	R	E	F	L	E	C	T	I	O	N	N

**CALMNESS**  
**CONTEMPLATION**  
**INTENTION**  
**QUIETUDE**  
**REFLECTION**  
**RHYTHM**  
**SIGHT**  
**TOLERANCE**

**COMPASSION**  
**INTEGRITY**  
**MERCY**  
**RECEPTIVE**  
**REST**  
**SAFETY**  
**SPIRIT**  
**WHOLE**

# Mindfulness Word Search

## Puzzle-Solution 227

T	Z	B	Q	I	A	R	W	D	M	C	X	C	I	L	K
O	S	X	Y	D	N	X	E	H	B	Q	L	N	B	W	Q
L	P	A	S	I	B	T	T	C	O	X	Q	Q	E	N	G
E	I	T	I	I	T	Y	E	O	E	L	R	G	B	T	L
R	R	Q	G	D	H	D	M	G	P	P	E	V	F	I	J
A	I	E	H	R	U	A	K	E	R	E	T	S	R	Q	I
N	T	F	T	T	L	I	H	P	R	I	F	I	N	J	U
C	B	Z	E	I	O	I	U	S	K	C	T	R	V	M	I
E	S	I	P	I	R	E	S	T	N	S	Y	Y	F	E	N
F	U	C	O	N	T	E	M	P	L	A	T	I	O	N	T
Q	X	A	Z	C	N	Y	S	H	T	F	Q	D	G	A	E
M	U	C	Z	M	R	M	G	Y	F	E	V	K	C	Q	N
P	N	X	L	A	C	V	H	P	O	T	D	S	S	O	T
Z	C	A	T	C	O	Q	O	L	Z	Y	X	J	F	Z	I
A	C	C	R	C	O	M	P	A	S	S	I	O	N	R	O
S	C	A	C	E	R	E	F	L	E	C	T	I	O	N	N

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