

Mindfulness Word Search

Puzzle 228

A	I	S	U	P	P	O	R	T	W	D	L	N	S	T	W
A	F	L	I	N	T	U	I	T	I	O	N	G	I	Y	Z
I	M	N	F	B	K	R	R	C	O	Z	T	K	R	K	A
M	S	C	O	Y	R	X	Z	E	E	N	Z	R	E	U	L
B	A	O	R	V	B	E	S	Q	M	I	E	Z	F	B	A
O	Q	N	G	G	K	N	A	T	G	X	L	N	L	M	E
J	U	T	I	U	E	P	B	T	D	S	Z	V	E	H	J
Z	I	I	V	S	N	T	J	B	H	U	M	P	C	S	B
W	E	N	E	Z	T	R	U	T	H	F	U	L	T	R	S
E	T	U	N	P	E	E	B	D	E	E	U	C	I	I	U
L	U	I	E	K	H	S	U	S	D	M	Y	L	O	R	G
L	D	T	S	A	F	T	O	W	N	T	A	U	N	X	C
N	E	Y	S	F	N	P	E	N	E	R	G	Y	T	W	W
E	L	W	W	K	M	H	A	N	Q	U	I	E	T	Y	M
S	K	D	I	O	B	S	I	M	P	L	I	C	I	T	Y
S	C	W	C	H	H	E	L	M	Y	E	W	K	G	R	D

**BREATHFUL
CONTINUITY
FORGIVENESS
ONENESS
QUIETUDE
REST
SIMPLICITY
TRUTHFUL**

**COMPOSE
ENERGY
INTUITION
QUIET
REFLECTION
SENSE
SUPPORT
WELLNESS**

Mindfulness Word Search

Puzzle-Solution 228

A	I	S	U	P	P	O	R	T	W	D	L	N	S	T	W
A	F	L	I	N	T	U	I	T	I	O	N	G	I	Y	Z
I	M	N	F	B	K	R	R	C	O	Z	T	K	R	K	A
M	S	C	O	Y	R	X	Z	E	E	N	Z	R	E	U	L
B	A	O	R	V	B	E	S	Q	M	I	E	Z	F	B	A
O	Q	N	G	G	K	N	A	T	G	X	L	N	L	M	E
J	U	T	I	U	E	P	B	T	D	S	Z	V	E	H	J
Z	I	I	V	S	N	T	J	B	H	U	M	P	C	S	B
W	E	N	E	Z	T	R	U	T	H	F	U	L	T	R	S
E	T	U	N	P	E	E	B	D	E	E	U	C	I	I	U
L	U	I	E	K	H	S	U	S	D	M	Y	L	O	R	G
L	D	T	S	A	F	T	O	W	N	T	A	U	N	X	C
N	E	Y	S	F	N	P	E	N	E	R	G	Y	T	W	W
E	L	W	W	K	M	H	A	N	Q	U	I	E	T	Y	M
S	K	D	I	O	B	S	I	M	P	L	I	C	I	T	Y
S	C	W	C	H	H	E	L	M	Y	E	W	K	G	R	D

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