

# Mindfulness Word Search

## Puzzle 229

N	D	P	L	X	D	P	R	M	E	R	C	Y	Q	P	O
X	L	U	O	H	P	Q	I	N	T	E	N	T	B	A	R
S	O	N	P	I	N	S	I	G	H	T	F	U	L	E	D
S	O	K	K	B	A	T	T	E	N	T	I	O	N	Q	Q
U	D	C	K	O	I	G	V	W	Z	F	D	B	M	U	M
J	L	S	O	K	P	N	U	J	O	U	N	A	S	A	V
V	S	E	C	Z	I	E	T	L	U	G	T	L	U	B	D
I	K	R	Q	V	Y	N	R	E	U	Z	D	A	P	L	U
T	Z	E	H	E	G	U	D	C	N	Q	Z	N	P	E	W
A	S	N	X	J	T	T	E	N	E	T	E	C	O	J	K
L	Z	E	B	E	N	S	Y	C	E	P	I	E	R	S	D
I	M	V	O	E	A	A	S	A	W	S	T	O	T	E	H
T	B	N	C	I	F	R	R	L	E	O	S	I	N	W	N
Y	B	S	F	P	H	T	P	M	F	S	E	W	O	D	H
D	P	Z	T	I	K	X	R	S	A	T	Q	Q	U	N	K
Y	N	G	H	D	K	B	N	Z	I	L	F	N	T	X	T

**ATTENTION  
CALM  
EQUABLE  
INTENT  
KINDNESS  
PERCEPTION  
SERENE  
SUPPORT**

**BALANCE  
COZY  
INSIGHTFUL  
INTENTION  
MERCY  
SCENT  
SOUL  
VITALITY**

# Mindfulness Word Search

## Puzzle-Solution 229

N	D	P	L	X	D	P	R	M	E	R	C	Y	Q	P	O
X	L	U	O	H	P	Q	I	N	T	E	N	T	B	A	R
S	O	N	P	I	N	S	I	G	H	T	F	U	L	E	D
S	O	K	K	B	A	T	T	E	N	T	I	O	N	Q	Q
U	D	C	K	O	I	G	V	W	Z	F	D	B	M	U	M
J	L	S	O	K	P	N	U	J	O	U	N	A	S	A	V
V	S	E	C	Z	I	E	T	L	U	G	T	L	U	B	D
I	K	R	Q	V	Y	N	R	E	U	Z	D	A	P	L	U
T	Z	E	H	E	G	U	D	C	N	Q	Z	N	P	E	W
A	S	N	X	J	T	T	E	N	E	T	E	C	O	J	K
L	Z	E	B	E	N	S	Y	C	E	P	I	E	R	S	D
I	M	V	O	E	A	A	S	A	W	S	T	O	T	E	H
T	B	N	C	I	F	R	R	L	E	O	S	I	N	W	N
Y	B	S	F	P	H	T	P	M	F	S	E	W	O	D	H
D	P	Z	T	I	K	X	R	S	A	T	Q	Q	U	N	K
Y	N	G	H	D	K	B	N	Z	I	L	F	N	T	X	T

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