

Mindfulness Word Search

Puzzle 241

G	L	C	Z	F	C	H	C	C	T	U	B	V	J	S	L
P	T	M	O	T	O	U	G	E	I	M	Q	L	R	U	F
D	C	E	F	N	N	Q	V	E	V	P	S	Z	F	E	F
R	E	A	L	G	C	R	E	B	N	J	M	H	U	E	T
J	C	R	J	I	E	E	H	W	L	T	T	T	S	O	E
R	H	Q	S	S	N	I	N	V	L	U	L	S	J	L	C
E	Y	Y	B	U	T	R	B	T	R	K	E	E	B	G	O
M	X	O	N	J	R	N	S	T	R	N	H	A	R	S	M
E	A	F	S	J	A	R	N	Z	T	A	U	F	B	U	P
N	I	L	E	W	T	J	T	F	X	Q	T	E	O	U	A
T	L	J	I	U	I	I	O	N	E	K	Z	E	D	P	S
A	J	C	S	G	O	S	S	K	J	A	K	E	Y	Q	S
L	X	A	A	U	N	P	A	T	I	E	N	C	E	D	I
I	Q	J	U	R	E	L	A	X	K	N	R	G	G	I	O
T	A	K	N	K	A	B	R	E	A	T	H	F	U	L	N
Y	M	O	W	M	R	O	N	E	N	E	S	S	C	H	P

**ALIGN
BREATHFUL
CONCENTRATE
EQUABLE
MENTALITY
ONENESS
REAL
SOFTNESS**

**BODY
COMPASSION
CONCENTRATION
GENTLE
OBSERVE
PATIENCE
RELAX
TRUTHFUL**

Mindfulness Word Search

Puzzle-Solution 241

G	L	C	Z	F	C	H	C	C	T	U	B	V	J	S	L
P	T	M	O	T	O	U	G	E	I	M	Q	L	R	U	F
D	C	E	F	N	N	Q	V	E	V	P	S	Z	F	E	F
R	E	A	L	G	C	R	E	B	N	J	M	H	U	E	T
J	C	R	J	I	E	E	H	W	L	T	T	T	S	O	E
R	H	Q	S	S	N	I	N	V	L	U	L	S	J	L	C
E	Y	Y	B	U	T	R	B	T	R	K	E	E	B	G	O
M	X	O	N	J	R	N	S	T	R	N	H	A	R	S	M
E	A	F	S	J	A	R	N	Z	T	A	U	F	B	U	P
N	I	L	E	W	T	J	T	F	X	Q	T	E	O	U	A
T	L	J	I	U	I	I	O	N	E	K	Z	E	D	P	S
A	J	C	S	G	O	S	S	K	J	A	K	E	Y	Q	S
L	X	A	A	U	N	P	A	T	I	E	N	C	E	D	I
I	Q	J	U	R	E	L	A	X	K	N	R	G	G	I	O
T	A	K	N	K	A	B	R	E	A	T	H	F	U	L	N
Y	M	O	W	M	R	O	N	E	N	E	S	S	C	H	P

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