

Mindfulness Word Search

Puzzle 242

W	P	Y	G	U	N	M	E	D	A	X	E	Q	G	D	S
C	T	C	R	G	G	I	M	Y	T	R	X	C	R	L	J
O	I	O	G	O	J	G	D	C	A	W	C	K	A	B	C
N	S	M	Z	X	F	A	X	O	A	G	Z	P	C	P	W
T	L	P	S	Z	E	I	N	T	R	O	S	P	E	C	T
E	O	A	J	T	N	L	I	U	G	W	A	R	M	T	H
M	W	S	S	H	U	D	B	R	E	A	T	H	F	U	L
P	N	S	Q	J	R	C	T	S	I	F	N	Y	T	G	W
L	E	I	R	C	T	E	J	K	H	Y	B	M	W	F	L
A	S	O	H	M	U	N	J	N	T	E	D	L	L	V	D
T	S	N	G	Q	R	D	O	I	O	N	L	J	M	O	G
I	I	E	D	A	E	C	N	T	I	W	C	T	B	M	K
O	G	P	J	Y	H	E	B	M	I	D	Y	C	E	A	R
N	H	U	Q	C	R	C	N	P	U	C	F	I	X	R	B
E	T	Q	E	E	H	P	A	K	M	M	E	T	V	M	Z
H	P	M	S	U	D	R	R	A	R	C	A	L	M	P	S

**BREATHFUL
COMPASSION
GRACE
MIND
NOW
SERENITY
SIGHT
STEADY**

**CALM
CONTEMPLATION
INTROSPECT
NOTICE
NURTURE
SHELTER
SLOWNESS
WARMTH**

Mindfulness Word Search

Puzzle-Solution 242

W	P	Y	G	U	N	M	E	D	A	X	E	Q	G	D	S
C	T	C	R	G	G	I	M	Y	T	R	X	C	R	L	J
O	I	O	G	O	J	G	D	C	A	W	C	K	A	B	C
N	S	M	Z	X	F	A	X	O	A	G	Z	P	C	P	W
T	L	P	S	Z	E	I	N	T	R	O	S	P	E	C	T
E	O	A	J	T	N	L	I	U	G	W	A	R	M	T	H
M	W	S	S	H	U	D	B	R	E	A	T	H	F	U	L
P	N	S	Q	J	R	C	T	S	I	F	N	Y	T	G	W
L	E	I	R	C	T	E	J	K	H	Y	B	M	W	F	L
A	S	O	H	M	U	N	J	N	T	E	D	L	L	V	D
T	S	N	G	Q	R	D	O	I	O	N	L	J	M	O	G
I	I	E	D	A	E	C	N	T	I	W	C	T	B	M	K
O	G	P	J	Y	H	E	B	M	I	D	Y	C	E	A	R
N	H	U	Q	C	R	C	N	P	U	C	F	I	X	R	B
E	T	Q	E	E	H	P	A	K	M	M	E	T	V	M	Z
H	P	M	S	U	D	R	R	A	R	C	A	L	M	P	S

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