

Mindfulness Word Search

Puzzle 249

J	N	Q	B	F	O	E	J	Q	F	Z	K	P	E	Q	L
A	U	O	N	K	D	B	I	J	C	M	F	W	O	Y	S
Q	U	I	E	T	V	N	S	T	O	F	K	K	L	R	T
S	F	K	Z	W	J	J	J	E	F	H	W	O	U	G	L
T	V	Q	W	A	N	C	H	O	R	A	S	P	S	A	I
J	C	J	S	T	E	A	D	Y	F	V	D	E	T	G	Y
C	T	R	H	L	A	B	S	U	Z	Z	E	N	D	S	J
E	H	S	U	H	E	A	L	T	H	D	E	N	Z	V	S
L	P	X	E	A	T	Y	G	A	F	M	J	H	Q	S	T
G	S	R	Z	T	C	A	L	W	H	O	L	E	E	I	I
K	P	G	E	R	T	U	T	G	D	F	X	N	F	N	M
M	Z	O	E	S	F	L	H	S	W	J	M	L	G	S	E
Z	Y	M	R	T	E	I	E	K	Q	L	R	Q	H	I	L
C	T	N	S	N	G	N	P	R	A	Z	K	B	S	G	E
B	W	E	G	F	V	I	T	C	A	T	Z	P	A	H	S
Q	R	Z	K	Y	R	D	H	S	T	A	S	T	E	T	S

**ANCHOR
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OBSERVE
PRESENT
RESTFUL
STEADY
TIMELESS**

**CALMNESS
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SETTLE
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WHOLE**

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Puzzle-Solution 249

J	N	Q	B	F	O	E	J	Q	F	Z	K	P	E	Q	L
A	U	O	N	K	D	B	I	J	C	M	F	W	O	Y	S
Q	U	I	E	T	V	N	S	T	O	F	K	K	L	R	T
S	F	K	Z	W	J	J	J	E	F	H	W	O	U	G	L
T	V	Q	W	A	N	C	H	O	R	A	S	P	S	A	I
J	C	J	S	T	E	A	D	Y	F	V	D	E	T	G	Y
C	T	R	H	L	A	B	S	U	Z	Z	E	N	D	S	J
E	H	S	U	H	E	A	L	T	H	D	E	N	Z	V	S
L	P	X	E	A	T	Y	G	A	F	M	J	H	Q	S	T
G	S	R	Z	T	C	A	L	W	H	O	L	E	E	I	I
K	P	G	E	R	T	U	T	G	D	F	X	N	F	N	M
M	Z	O	E	S	F	L	H	S	W	J	M	L	G	S	E
Z	Y	M	R	T	E	I	E	K	Q	L	R	Q	H	I	L
C	T	N	S	N	G	N	P	R	A	Z	K	B	S	G	E
B	W	E	G	F	V	I	T	C	A	T	Z	P	A	H	S
Q	R	Z	K	Y	R	D	H	S	T	A	S	T	E	T	S

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