

Mindfulness Word Search

Puzzle 254

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | C | A | L | M | N | E | S | S | C | E | Y | W | F | L | G |
| U | A | S | C | E | N | T | T | K | C | L | J | O | U | J | U |
| T | Y | D | C | X | X | H | A | N | G | R | E | F | G | M | L |
| D | V | O | N | I | G | B | A | O | P | E | E | M | G | U | X |
| W | K | M | C | I | Z | L | X | N | I | C | G | T | M | E | H |
| H | M | I | S | S | A | D | N | K | A | E | J | J | E | X | N |
| N | G | N | B | B | E | V | N | R | N | P | R | E | R | B | P |
| S | I | D | S | S | S | C | G | X | J | T | S | Y | C | I | I |
| D | A | F | I | L | N | T | U | I | G | I | L | G | Y | A | V |
| Y | L | U | L | K | Z | H | A | R | O | V | X | G | U | G | B |
| W | E | L | E | W | T | V | P | B | I | E | I | S | N | Y | I |
| I | R | N | N | S | E | R | E | N | I | T | Y | W | A | J | F |
| S | T | E | C | F | B | O | D | Y | I | L | Y | J | S | G | T |
| D | L | S | E | C | Q | D | T | W | D | T | I | P | N | E | G |
| O | U | S | R | Q | E | U | S | U | S | J | K | T | N | N | T |
| M | A | Y | I | N | T | E | G | R | I | T | Y | K | Y | K | T |

**ALERT
BODY
GRACEFUL
INTEGRITY
MINDFULNESS
SCENT
SERENITY
STABILITY**

**BALANCE
CALMNESS
INSIGHT
MERCY
RECEPTIVE
SECURITY
SILENCE
WISDOM**

Mindfulness Word Search

Puzzle-Solution 254

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | C | A | L | M | N | E | S | S | C | E | Y | W | F | L | G |
| U | A | S | C | E | N | T | T | K | C | L | J | O | U | J | U |
| T | Y | D | C | X | X | H | A | N | G | R | E | F | G | M | L |
| D | V | O | N | I | G | B | A | O | P | E | E | M | G | U | X |
| W | K | M | C | I | Z | L | X | N | I | C | G | T | M | E | H |
| H | M | I | S | S | A | D | N | K | A | E | J | J | E | X | N |
| N | G | N | B | B | E | V | N | R | N | P | R | E | R | B | P |
| S | I | D | S | S | S | C | G | X | J | T | S | Y | C | I | I |
| D | A | F | I | L | N | T | U | I | G | I | L | G | Y | A | V |
| Y | L | U | L | K | Z | H | A | R | O | V | X | G | U | G | B |
| W | E | L | E | W | T | V | P | B | I | E | I | S | N | Y | I |
| I | R | N | N | S | E | R | E | N | I | T | Y | W | A | J | F |
| S | T | E | C | F | B | O | D | Y | I | L | Y | J | S | G | T |
| D | L | S | E | C | Q | D | T | W | D | T | I | P | N | E | G |
| O | U | S | R | Q | E | U | S | U | S | J | K | T | N | N | T |
| M | A | Y | I | N | T | E | G | R | I | T | Y | K | Y | K | T |

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