

# Mindfulness Word Search

## Puzzle 258

Q	N	D	Y	V	Z	O	N	E	N	E	S	S	M	L	V
S	S	I	H	H	H	Q	R	A	M	Q	Z	H	E	R	I
L	T	S	E	N	S	E	P	F	D	M	T	K	J	Y	G
T	R	L	E	B	H	V	P	H	A	Y	K	F	H	S	I
O	A	G	G	O	C	C	D	O	H	V	X	W	D	T	L
J	N	Q	Y	D	P	L	L	R	T	Q	M	V	D	A	A
A	Q	V	H	Y	R	F	A	R	E	F	U	G	E	B	N
T	U	B	I	R	P	N	U	R	O	T	I	M	X	L	T
T	I	R	S	T	A	B	I	L	I	T	Y	Y	D	E	V
E	L	E	V	B	A	T	T	J	K	T	I	K	V	X	Z
N	I	A	L	V	S	L	L	I	K	R	Y	Q	Q	V	Q
T	T	T	I	I	K	G	I	T	C	R	S	X	Q	U	Y
I	Y	H	F	J	H	M	B	T	Y	U	T	T	I	U	M
V	P	F	Y	T	P	H	D	Z	Y	N	S	F	T	M	X
E	G	U	G	D	G	S	E	N	S	A	T	I	O	N	W
N	M	L	A	K	N	O	W	L	E	D	G	E	S	P	X

**ATTENTIVE  
BREATHFUL  
HERE  
ONENESS  
RHYTHM  
SENSE  
STABLE  
VIGILANT**

**BODY  
CLARITY  
KNOWLEDGE  
REFUGE  
SENSATION  
STABILITY  
TRANQUILITY  
VITALITY**

# Mindfulness Word Search

## Puzzle-Solution 258

Q	N	D	Y	V	Z	O	N	E	N	E	S	S	M	L	V
S	S	I	H	H	H	Q	R	A	M	Q	Z	H	E	R	I
L	T	S	E	N	S	E	P	F	D	M	T	K	J	Y	G
T	R	L	E	B	H	V	P	H	A	Y	K	F	H	S	I
O	A	G	G	O	C	C	D	O	H	V	X	W	D	T	L
J	N	Q	Y	D	P	L	L	R	T	Q	M	V	D	A	A
A	Q	V	H	Y	R	F	A	R	E	F	U	G	E	B	N
T	U	B	I	R	P	N	U	R	O	T	I	M	X	L	T
T	I	R	S	T	A	B	I	L	I	T	Y	Y	D	E	V
E	L	E	V	B	A	T	T	J	K	T	I	K	V	X	Z
N	I	A	L	V	S	L	L	I	K	R	Y	Q	Q	V	Q
T	T	T	I	I	K	G	I	T	C	R	S	X	Q	U	Y
I	Y	H	F	J	H	M	B	T	Y	U	T	T	I	U	M
V	P	F	Y	T	P	H	D	Z	Y	N	S	F	T	M	X
E	G	U	G	D	G	S	E	N	S	A	T	I	O	N	W
N	M	L	A	K	N	O	W	L	E	D	G	E	S	P	X

**ATTENTIVE**  
**BREATHFUL**  
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