

# Mindfulness Word Search

## Puzzle 259

M	B	R	E	C	E	P	T	I	V	I	T	Y	A	V	Z
Y	I	K	R	E	S	T	R	W	E	L	L	N	E	S	S
X	T	N	U	S	T	N	R	E	Q	U	A	B	L	E	O
N	O	U	D	I	F	B	H	C	S	I	O	M	G	Q	X
I	J	K	R	F	E	X	Y	T	N	T	K	U	O	X	V
U	Z	I	Y	I	U	F	T	D	L	S	F	Q	W	P	R
G	P	L	I	B	R	L	H	Z	D	T	B	U	B	M	L
S	O	A	N	X	A	R	M	J	A	O	T	X	L	F	O
A	X	U	W	V	E	C	U	I	J	C	W	M	U	O	Z
L	G	T	P	T	O	P	E	N	X	L	P	I	N	R	O
L	F	H	L	U	W	A	R	M	T	H	G	Y	L	F	B
O	E	E	U	S	D	R	O	A	Q	V	G	R	X	W	S
W	H	N	D	V	T	H	Y	Y	T	R	F	K	L	G	E
S	T	T	F	S	C	I	F	C	E	C	J	I	I	B	R
G	G	I	O	F	L	E	L	N	Y	I	I	J	D	P	V
R	C	C	V	S	H	H	E	L	D	W	B	W	G	B	E

**ALLOW  
ENERGY  
MINDFUL  
OPEN  
REST  
RHYTHM  
SPIRIT  
WARMTH**

**AUTHENTIC  
EQUABLE  
OBSERVE  
RECEPTIVITY  
RESTFUL  
SHELTER  
STILL  
WELLNESS**

# Mindfulness Word Search

## Puzzle-Solution 259

M	B	R	E	C	E	P	T	I	V	I	T	Y	A	V	Z
Y	I	K	R	E	S	T	R	W	E	L	L	N	E	S	S
X	T	N	U	S	T	N	R	E	Q	U	A	B	L	E	O
N	O	U	D	I	F	B	H	C	S	I	O	M	G	Q	X
I	J	K	R	F	E	X	Y	T	N	T	K	U	O	X	V
U	Z	I	Y	I	U	F	T	D	L	S	F	Q	W	P	R
G	P	L	I	B	R	L	H	Z	D	T	B	U	B	M	L
S	O	A	N	X	A	R	M	J	A	O	T	X	L	F	O
A	X	U	W	V	E	C	U	I	J	C	W	M	U	O	Z
L	G	T	P	T	O	P	E	N	X	L	P	I	N	R	O
L	F	H	L	U	W	A	R	M	T	H	G	Y	L	F	B
O	E	E	U	S	D	R	O	A	Q	V	G	R	X	W	S
W	H	N	D	V	T	H	Y	Y	T	R	F	K	L	G	E
S	T	T	F	S	C	I	F	C	E	C	J	I	I	B	R
G	G	I	O	F	L	E	L	N	Y	I	I	J	D	P	V
R	C	C	V	S	H	H	E	L	D	W	B	W	G	B	E

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