

# Mindfulness Word Search

## Puzzle 279

Y	S	S	Z	O	G	M	G	U	C	O	H	B	U	H	X
O	U	I	E	P	B	S	G	X	S	Z	C	E	O	Z	J
P	M	G	F	E	C	E	N	T	E	R	N	V	R	D	U
E	P	H	F	W	Q	D	M	J	Q	Y	Q	Z	Y	E	Y
N	E	T	O	C	X	S	G	P	W	A	X	T	B	N	C
V	V	M	R	T	M	U	A	G	Y	U	I	R	G	R	Z
N	V	Q	T	Y	H	K	P	V	A	R	H	H	E	I	C
Z	V	A	L	E	K	L	V	I	G	I	L	A	N	T	O
S	A	F	E	T	Y	O	S	E	Q	A	B	B	T	R	N
D	J	J	S	G	B	M	T	K	V	F	H	E	L	G	T
K	A	G	S	L	Y	N	S	O	X	D	L	Y	E	S	I
D	R	O	L	P	I	J	R	C	L	T	Q	Q	N	C	N
L	B	N	X	I	N	T	U	I	T	I	O	N	E	E	U
A	P	U	R	P	O	S	E	E	J	N	T	I	S	N	I
B	B	O	T	N	V	R	S	B	B	B	V	L	S	T	T
K	I	N	D	N	E	S	S	O	I	E	L	F	D	X	Y

**BODY  
CONTINUITY  
GENTLENESS  
INTEGRITY  
KINDNESS  
PURPOSE  
SCENT  
SIGHT**

**CENTER  
EFFORTLESS  
HERE  
INTUITION  
OPEN  
SAFETY  
SETTLE  
VIGILANT**

# Mindfulness Word Search

## Puzzle-Solution 279

Y	S	S	Z	O	G	M	G	U	C	O	H	B	U	H	X
O	U	I	E	P	B	S	G	X	S	Z	C	E	O	Z	J
P	M	G	F	E	C	E	N	T	E	R	N	V	R	D	U
E	P	H	F	W	Q	D	M	J	Q	Y	Q	Z	Y	E	Y
N	E	T	O	C	X	S	G	P	W	A	X	T	B	N	C
V	V	M	R	T	M	U	A	G	Y	U	I	R	G	R	Z
N	V	Q	T	Y	H	K	P	V	A	R	H	H	E	I	C
Z	V	A	L	E	K	L	V	I	G	I	L	A	N	T	O
S	A	F	E	T	Y	O	S	E	Q	A	B	B	T	R	N
D	J	J	S	G	B	M	T	K	V	F	H	E	L	G	T
K	A	G	S	L	Y	N	S	O	X	D	L	Y	E	S	I
D	R	O	L	P	I	J	R	C	L	T	Q	Q	N	C	N
L	B	N	X	I	N	T	U	I	T	I	O	N	E	E	U
A	P	U	R	P	O	S	E	E	J	N	T	I	S	N	I
B	B	O	T	N	V	R	S	B	B	B	V	L	S	T	T
K	I	N	D	N	E	S	S	O	I	E	L	F	D	X	Y

**BODY**  
**CONTINUITY**  
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