

Mindfulness Word Search

Puzzle 285

A	H	H	O	T	D	E	F	F	O	R	T	L	E	S	S
U	Y	H	S	J	I	N	T	U	I	T	I	O	N	Y	F
T	Z	Q	E	Q	E	L	V	J	T	Y	N	F	U	S	E
H	C	B	K	R	T	M	O	P	E	N	N	E	S	S	C
E	G	A	A	N	C	M	O	M	E	N	T	C	D	E	S
N	U	C	V	R	O	B	P	Y	S	T	X	F	F	S	E
T	J	N	L	X	A	W	C	O	F	L	Y	I	E	Y	E
I	C	N	J	H	L	G	L	G	L	E	L	N	X	Z	A
C	T	G	N	O	L	R	H	E	F	A	W	T	C	V	G
D	V	O	H	M	O	A	Z	Q	D	O	I	A	U	P	Z
T	A	N	U	E	W	C	S	Y	L	G	R	N	B	X	P
H	L	O	E	C	J	E	D	S	B	W	E	C	R	G	Q
S	Q	A	O	W	H	F	I	Z	Q	J	F	H	Y	S	J
Y	T	A	K	E	O	U	N	J	Z	L	U	O	K	K	R
P	X	Z	S	I	A	L	K	O	E	D	G	R	M	B	A
Q	N	R	Z	T	Z	Y	S	E	N	S	E	Y	R	S	S

**ALLOW
AUTHENTIC
EFFORTLESS
HOME
KNOWLEDGE
MOMENT
REFUGE
SLOWNESS**

**ANCHOR
CARE
GRACEFUL
INTUITION
LIFE
OPENNESS
SENSE
TOUCH**

Mindfulness Word Search

Puzzle-Solution 285

A	H	H	O	T	D	E	F	F	O	R	T	L	E	S	S
U	Y	H	S	J		I	N	T	U	I	T	I	O	N	Y F
T	Z	Q	E	Q	E	L	V	J	T	Y	N	F	U	S	E
H	C	B	K	R	T	M	O	P	E	N	N	E	S	S	C
E	G	A	A	N	C	M	O	M	E	N	T	C	D	E	S
N	U	C	V	R	O	B	P	Y	S	T	X	F	F	S	E
T	J	N	L	X	A	W	C	O	F	L	Y	I	E	Y	E
I	C	N	J	H	L	G	L	G	L	E	L	N	X	Z	A
C	T	G	N	O	L	R	H	E	F	A	W	T	C	V	G
D	V	O	H	M	O	A	Z	Q	D	O	I	A	U	P	Z
T	A	N	U	E	W	C	S	Y	L	G	R	N	B	X	P
H	L	O	E	C	J	E	D	S	B	W	E	C	R	G	Q
S	Q	A	O	W	H	F	I	Z	Q	J	F	H	Y	S	J
Y	T	A	K	E	O	U	N	J	Z	L	U	O	K	K	R
P	X	Z	S	I	A	L	K	O	E	D	G	R	M	B	A
Q	N	R	Z	T	Z	Y	S	E	N	S	E	Y	R	S	S

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