

Mindfulness Word Search

Puzzle 286

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | F | W | U | R | E | S | T | O | R | A | T | I | V | E | C |
| A | C | C | E | P | T | A | N | C | E | C | K | C | X | M | K |
| K | P | U | R | I | T | Y | L | Z | X | Q | C | H | U | Z | Y |
| Y | R | D | O | B | S | E | R | V | A | T | I | O | N | T | J |
| N | B | R | E | A | T | H | F | U | L | P | J | E | I | J | Z |
| A | P | U | S | M | L | W | C | B | I | D | X | R | M | M | V |
| B | L | D | R | I | G | I | O | L | S | O | U | N | D | S | U |
| F | H | L | K | H | E | S | M | R | J | C | M | P | S | W | G |
| N | W | N | O | Q | N | D | F | O | E | C | R | E | R | S | Y |
| N | U | P | L | W | U | O | O | S | H | V | N | H | S | T | F |
| G | U | M | K | W | I | M | R | B | P | W | Y | E | I | M | L |
| M | V | R | Y | I | N | K | T | R | O | G | N | R | L | C | A |
| V | Q | T | T | K | E | X | I | L | R | L | A | R | T | O | A |
| X | S | L | J | U | C | G | S | E | L | L | L | K | M | G | V |
| W | D | H | G | M | R | V | N | E | C | J | O | N | Q | F | B |
| J | G | I | C | L | H | E | W | H | F | Y | T | B | P | M | E |

**ACCEPTANCE
BREATHFUL
COMFORT
GENUINE
OBSERVATION
RESTORATIVE
SLOWNESS
WELLNESS**

**ALLOW
CLARITY
ENERGY
NURTURE
PURITY
SECURITY
SOUND
WISDOM**

Mindfulness Word Search

Puzzle-Solution 286

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | F | W | U | R | E | S | T | O | R | A | T | I | V | E | C |
| A | C | C | E | P | T | A | N | C | E | C | K | C | X | M | K |
| K | P | U | R | I | T | Y | L | Z | X | Q | C | H | U | Z | Y |
| Y | R | D | O | B | S | E | R | V | A | T | I | O | N | T | J |
| N | B | R | E | A | T | H | F | U | L | P | J | E | I | J | Z |
| A | P | U | S | M | L | W | C | B | I | D | X | R | M | M | V |
| B | L | D | R | I | G | I | O | L | S | O | U | N | D | S | U |
| F | H | L | K | H | E | S | M | R | J | C | M | P | S | W | G |
| N | W | N | O | Q | N | D | F | O | E | C | R | E | R | S | Y |
| N | U | P | L | W | U | O | O | S | H | V | N | H | S | T | F |
| G | U | M | K | W | I | M | R | B | P | W | Y | E | I | M | L |
| M | V | R | Y | I | N | K | T | R | O | G | N | R | L | C | A |
| V | Q | T | T | K | E | X | I | L | R | L | A | R | T | O | A |
| X | S | L | J | U | C | G | S | E | L | L | L | K | M | G | V |
| W | D | H | G | M | R | V | N | E | C | J | O | N | Q | F | B |
| J | G | I | C | L | H | E | W | H | F | Y | T | B | P | M | E |

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