

# Mindfulness Word Search

## Puzzle 287

O	V	Z	N	O	J	S	H	W	R	M	B	H	C	F	Q
Y	H	C	A	Y	D	E	R	N	H	E	E	N	Y	Y	H
V	B	A	L	I	G	N	P	B	W	B	S	R	R	L	H
T	V	H	J	L	Q	S	J	S	Q	R	D	T	C	I	A
C	R	P	K	W	F	A	X	P	O	E	D	P	F	Y	T
Z	J	A	A	G	C	T	S	G	B	A	D	T	R	U	T
S	Z	D	N	E	I	I	L	I	T	T	E	V	Q	H	L
T	S	R	K	Q	Y	O	O	G	L	H	B	O	E	O	P
E	L	H	G	G	U	N	W	U	P	F	H	B	J	M	U
A	O	K	R	E	M	I	F	V	Z	U	M	G	H	E	A
D	W	E	Z	G	N	E	L	V	D	L	O	R	D	E	R
Y	N	Z	U	A	C	T	G	I	U	K	B	R	X	L	J
E	E	M	O	A	V	Q	L	Z	T	I	Q	L	M	W	Y
M	S	P	E	U	O	K	V	E	J	Y	E	N	Y	Q	C
R	S	P	B	E	F	O	R	G	I	V	E	N	E	S	S
G	Y	C	C	B	M	B	C	O	M	P	O	S	E	F	L

**ALIGN  
COMPOSE  
FORGIVENESS  
HOME  
ORDER  
RESTFUL  
SLOW  
STEADY**

**BREATHFUL  
ENERGY  
GENTLE  
MERCY  
PEACEFUL  
SENSATION  
SLOWNESS  
TRANQUILITY**

# Mindfulness Word Search

## Puzzle-Solution 287

O	V	Z	N	O	J	S	H	W	R	M	B	H	C	F	Q
Y	H	C	A	Y	D	E	R	N	H	E	E	N	Y	Y	H
V	B	A	L	I	G	N	P	B	W	B	S	R	R	L	H
T	V	H	J	L	Q	S	J	S	Q	R	D	T	C	I	A
C	R	P	K	W	F	A	X	P	O	E	D	P	F	Y	T
Z	J	A	A	G	C	T	S	G	B	A	D	T	R	U	T
S	Z	D	N	E	I	I	L	I	T	T	E	V	Q	H	L
T	S	R	K	Q	Y	O	O	G	L	H	B	O	E	O	P
E	L	H	G	G	U	N	W	U	P	F	H	B	J	M	U
A	O	K	R	E	M	I	F	V	Z	U	M	G	H	E	A
D	W	E	Z	G	N	E	L	V	D	L	O	R	D	E	R
Y	N	Z	U	A	C	T	G	I	U	K	B	R	X	L	J
E	E	M	O	A	V	Q	L	Z	T	I	Q	L	M	W	Y
M	S	P	E	U	O	K	V	E	J	Y	E	N	Y	Q	C
R	S	P	B	E	F	O	R	G	I	V	E	N	E	S	S
G	Y	C	C	B	M	B	C	O	M	P	O	S	E	F	L

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