

Mindfulness Word Search

Puzzle 289

K	A	O	M	O	M	E	N	T	B	N	J	O	C	I	C
N	D	C	X	O	Q	H	F	I	H	R	H	I	X	E	K
R	U	Z	C	L	Z	V	X	M	A	H	E	E	R	W	R
E	J	N	D	E	D	Z	J	D	U	N	T	A	R	J	S
F	D	O	G	L	P	Q	N	X	M	I	W	A	T	E	I
L	T	B	M	P	O	T	S	D	R	H	D	N	I	H	M
E	Z	T	F	H	P	K	T	I	Q	H	L	C	V	V	P
C	C	B	T	P	E	X	P	V	A	A	S	H	J	D	L
T	G	F	O	J	N	S	P	Z	H	S	B	O	Z	F	I
I	J	S	D	R	M	Z	X	X	E	W	I	R	E	U	C
O	C	A	L	M	D	S	N	N	M	A	J	E	X	A	I
N	K	E	L	T	E	E	E	I	N	S	I	G	H	T	T
J	T	E	L	L	U	L	R	E	F	U	G	E	I	F	Y
C	R	A	O	Z	O	F	G	S	X	A	U	B	K	F	S
P	W	H	N	H	B	U	P	O	M	S	N	N	L	P	H
X	W	O	W	I	N	T	E	N	T	I	O	N	B	D	C

**ACCEPT
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INTENTION
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REFLECTION
SIMPLICITY
WHOLE**

**ANCHOR
CALM
INSIGHT
MOMENT
ORDER
REFUGE
SPIRIT
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 289

K	A	O	M	O	M	E	N	T	B	N	J	O	C	I	C
N	D	C	X	O	Q	H	F	I	H	R	H	I	X	E	K
R	U	Z	C	L	Z	V	X	M	A	H	E	E	R	W	R
E	J	N	D	E	D	Z	J	D	U	N	T	A	R	J	S
F	D	O	G	L	P	Q	N	X	M	I	W	A	T	E	I
L	T	B	M	P	O	T	S	D	R	H	D	N	I	H	M
E	Z	T	F	H	P	K	T	I	Q	H	L	C	V	V	P
C	C	B	T	P	E	X	P	V	A	A	S	H	J	D	L
T	G	F	O	J	N	S	P	Z	H	S	B	O	Z	F	I
I	J	S	D	R	M	Z	X	X	E	W	I	R	E	U	C
O	C	A	L	M	D	S	N	N	M	A	J	E	X	A	I
N	K	E	L	T	E	E	E	I	N	S	I	G	H	T	T
J	T	E	L	L	U	L	R	E	F	U	G	E	I	F	Y
C	R	A	O	Z	O	F	G	S	X	A	U	B	K	F	S
P	W	H	N	H	B	U	P	O	M	S	N	N	L	P	H
X	W	O	W	I	N	T	E	N	T	I	O	N	B	D	C

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