

# Mindfulness Word Search

## Puzzle 291

U	N	I	T	Y	U	L	S	F	V	D	W	E	J	J	C
S	I	M	P	L	I	C	I	T	Y	R	Q	H	H	K	G
A	W	A	R	E	J	X	O	U	E	K	O	D	X	O	M
J	S	O	F	T	N	E	S	S	C	D	T	P	P	F	R
Y	I	T	J	H	X	X	S	D	K	J	J	P	S	N	E
D	X	N	F	S	T	E	A	D	Y	J	T	H	E	G	F
C	U	K	T	C	M	N	M	T	C	R	K	R	N	E	U
U	N	O	Q	R	F	Z	T	C	O	T	Z	K	S	Q	G
C	H	A	N	S	O	Y	L	F	L	H	D	M	E	U	E
C	H	L	I	O	D	S	M	Y	Z	O	S	H	B	A	X
S	Y	T	D	W	N	O	P	E	M	N	A	X	Z	B	M
P	P	K	H	E	C	U	D	E	I	E	F	U	E	L	H
T	Z	I	V	N	C	W	H	X	C	S	E	H	O	E	W
P	N	A	R	V	H	S	A	T	T	T	T	G	R	Q	N
N	H	B	F	I	C	L	A	R	I	T	Y	A	P	T	H
G	N	U	Q	R	T	K	X	D	B	E	C	N	U	E	M

**AWARE  
CLARITY  
EQUABLE  
HONEST  
REFUGE  
SENSE  
SOFTNESS  
STEADY**

**CARE  
COMFORT  
HAVEN  
INTROSPECT  
SAFETY  
SIMPLICITY  
SPIRIT  
UNITY**

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## Puzzle-Solution 291

U	N	I	T	Y	U	L	S	F	V	D	W	E	J	J	C
S	I	M	P	L	I	C	I	T	Y	R	Q	H	H	K	G
A	W	A	R	E	J	X	O	U	E	K	O	D	X	O	M
J	S	O	F	T	N	E	S	S	C	D	T	P	P	F	R
Y	I	T	J	H	X	X	S	D	K	J	J	P	S	N	E
D	X	N	F	S	T	E	A	D	Y	J	T	H	E	G	F
C	U	K	T	C	M	N	M	T	C	R	K	R	N	E	U
U	N	O	Q	R	F	Z	T	C	O	T	Z	K	S	Q	G
C	H	A	N	S	O	Y	L	F	L	H	D	M	E	U	E
C	H	L	I	O	D	S	M	Y	Z	O	S	H	B	A	X
S	Y	T	D	W	N	O	P	E	M	N	A	X	Z	B	M
P	P	K	H	E	C	U	D	E	I	E	F	U	E	L	H
T	Z	I	V	N	C	W	H	X	C	S	E	H	O	E	W
P	N	A	R	V	H	S	A	T	T	T	T	G	R	Q	N
N	H	B	F	I	C	L	A	R	I	T	Y	A	P	T	H
G	N	U	Q	R	T	K	X	D	B	E	C	N	U	E	M

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