

Mindfulness Word Search

Puzzle 293

N	S	S	R	W	U	C	N	W	M	O	M	E	N	T	R
U	I	T	U	E	T	B	F	A	X	P	P	B	J	A	S
B	E	U	E	K	F	A	V	W	R	E	U	T	V	M	I
S	Y	E	X	A	R	U	Q	A	T	T	F	J	T	K	L
E	R	Y	S	P	D	L	G	R	H	Z	N	H	E	Q	E
N	F	Z	I	U	C	Y	E	E	I	K	G	K	U	V	N
S	W	O	N	R	W	M	Q	N	G	I	S	O	U	L	C
I	F	F	C	I	Y	K	U	E	S	R	H	W	R	D	E
T	J	C	E	T	U	T	A	S	O	U	G	X	B	A	V
I	L	Z	R	Y	N	I	N	S	W	S	N	A	L	N	S
V	I	H	E	E	B	L	I	O	P	E	N	N	E	S	S
I	Y	Z	S	G	K	N	M	V	M	K	M	Y	V	D	Q
T	C	E	S	C	F	Z	I	P	R	E	S	E	N	C	E
Y	R	T	F	L	I	N	T	R	O	S	P	E	C	T	U
P	E	Z	S	U	Y	U	Y	W	H	L	A	Z	L	D	U
L	B	T	R	A	N	Q	U	I	L	I	T	Y	G	P	T

**AWARENESS
INTROSPECT
OPENNESS
PRESENT
REFUGE
SIGHT
SINCERE
STEADY**

**EQUANIMITY
MOMENT
PRESENCE
PURITY
SENSITIVITY
SILENCE
SOUL
TRANQUILITY**

Mindfulness Word Search

Puzzle-Solution 293

N	S	S	R	W	U	C	N	W	M	O	M	E	N	T	R
U	I	T	U	E	T	B	F	A	X	P	P	B	J	A	S
B	E	U	E	K	F	A	V	W	R	E	U	T	V	M	I
S	Y	E	X	A	R	U	Q	A	T	T	F	J	T	K	L
E	R	Y	S	P	D	L	G	R	H	Z	N	H	E	Q	E
N	F	Z	I	U	C	Y	E	E	I	K	G	K	U	V	N
S	W	O	N	R	W	M	Q	N	G	I	S	O	U	L	C
I	F	F	C	I	Y	K	U	E	S	R	H	W	R	D	E
T	J	C	E	T	U	T	A	S	O	U	G	X	B	A	V
I	L	Z	R	Y	N	I	N	S	W	S	N	A	L	N	S
V	I	H	E	E	B	L	I	O	P	E	N	N	E	S	S
I	Y	Z	S	G	K	N	M	V	M	K	M	Y	V	D	Q
T	C	E	S	C	F	Z	I	P	R	E	S	E	N	C	E
Y	R	T	F	L	I	N	T	R	O	S	P	E	C	T	U
P	E	Z	S	U	Y	U	Y	W	H	L	A	Z	L	D	U
L	B	T	R	A	N	Q	U	I	L	I	T	Y	G	P	T

**AWARENESS
INTROSPECT
OPENNESS
PRESENT
REFUGE
SIGHT
SINCERE
STEADY**

**EQUANIMITY
MOMENT
PRESENCE
PURITY
SENSITIVITY
SILENCE
SOUL
TRANQUILITY**