

# Mindfulness Word Search

## Puzzle 295

L	H	W	T	N	F	W	A	T	T	E	N	T	I	V	E
X	R	H	L	N	C	A	W	A	R	E	N	E	S	S	F
D	F	O	J	N	W	A	E	A	S	E	F	U	L	H	T
J	M	L	B	S	Y	X	L	C	P	S	H	V	D	P	E
I	I	E	N	B	H	Y	P	M	K	Z	A	E	E	D	T
I	H	E	A	L	L	O	W	A	N	C	E	S	X	N	E
Z	Z	G	R	M	E	S	N	L	I	E	Y	E	U	K	R
N	S	E	H	O	P	K	H	O	N	E	S	T	V	Q	N
Y	L	N	Y	M	Z	Q	A	S	N	D	H	S	Z	X	A
J	O	T	T	E	D	C	S	O	K	R	F	W	U	Z	L
M	W	L	H	N	N	E	K	O	E	M	B	A	K	A	M
F	N	E	M	T	N	Q	A	T	E	O	J	F	S	E	I
Y	E	X	U	L	H	O	N	L	D	W	P	U	M	K	Z
G	S	Z	L	A	Q	E	H	X	L	I	G	E	K	Z	Z
Y	S	E	J	H	C	M	X	S	I	O	Q	B	N	Y	V
L	W	T	F	A	C	E	M	R	G	F	W	V	Y	J	C

**ALLOW  
ATTENTIVE  
CALMNESS  
EASEFUL  
GENTLE  
MOMENT  
RHYTHM  
WELLNESS**

**ALLOWANCE  
AWARENESS  
CENTER  
ETERNAL  
HONEST  
OPEN  
SLOWNESS  
WHOLE**

# Mindfulness Word Search

## Puzzle-Solution 295

L	H	W	T	N	F	W	A	T	T	E	N	T	I	V	E
X	R	H	L	N	C	A	W	A	R	E	N	E	S	S	F
D	F	O	J	N	W	A	E	A	S	E	F	U	L	H	T
J	M	L	B	S	Y	X	L	C	P	S	H	V	D	P	E
I	I	E	N	B	H	Y	P	M	K	Z	A	E	E	D	T
I	H	E	A	L	L	O	W	A	N	C	E	S	X	N	E
Z	Z	G	R	M	E	S	N	L	I	E	Y	E	U	K	R
N	S	E	H	O	P	K	H	O	N	E	S	T	V	Q	N
Y	L	N	Y	M	Z	Q	A	S	N	D	H	S	Z	X	A
J	O	T	T	E	D	C	S	O	K	R	F	W	U	Z	L
M	W	L	H	N	N	E	K	O	E	M	B	A	K	A	M
F	N	E	M	T	N	Q	A	T	E	O	J	F	S	E	I
Y	E	X	U	L	H	O	N	L	D	W	P	U	M	K	Z
G	S	Z	L	A	Q	E	H	X	L	I	G	E	K	Z	Z
Y	S	E	J	H	C	M	X	S	I	O	Q	B	N	Y	V
L	W	T	F	A	C	E	M	R	G	F	W	V	Y	J	C

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