

Mindfulness Word Search

Puzzle 297

M	L	M	E	R	C	Y	J	L	H	V	G	N	Z	C	M
K	T	R	A	N	Q	U	I	L	I	T	Y	M	X	P	Q
S	N	W	S	O	F	T	N	E	S	S	A	R	Z	R	Z
G	Q	O	W	V	I	Y	Y	P	U	I	U	E	I	E	Q
C	S	D	W	H	P	R	C	F	G	L	G	F	Z	S	F
O	R	D	N	L	E	N	G	Z	K	E	O	L	A	E	Q
N	G	N	K	T	E	K	B	K	D	N	X	E	Y	N	L
C	G	Y	N	P	A	D	S	W	O	C	O	C	F	C	H
E	A	E	P	M	E	T	G	I	R	E	R	T	O	E	U
N	C	J	M	W	E	V	T	E	O	O	O	I	I	Y	E
T	V	V	L	R	Y	P	L	E	H	G	R	O	U	N	D
R	X	L	E	T	E	G	I	C	N	G	V	N	X	C	E
A	K	H	I	C	M	F	N	W	P	T	F	X	U	Q	M
T	Y	R	R	R	S	A	K	X	R	R	I	P	Y	F	S
E	U	E	O	X	T	V	B	E	O	N	U	V	V	B	L
P	P	V	I	P	S	L	O	W	N	E	S	S	E	N	O

**ANCHOR
CENTER
GROUND
KNOWLEDGE
PERCEPTION
PURITY
SILENCE
SOFTNESS**

**ATTENTIVE
CONCENTRATE
HERE
MERCY
PRESENCE
REFLECTION
SLOWNESS
TRANQUILITY**

Mindfulness Word Search

Puzzle-Solution 297

M	L	M	E	R	C	Y	J	L	H	V	G	N	Z	C	M
K	T	R	A	N	Q	U	I	L	I	T	Y	M	X	P	Q
S	N	W	S	O	F	T	N	E	S	S	A	R	Z	R	Z
G	Q	O	W	V	I	Y	Y	P	U	I	U	E	I	E	Q
C	S	D	W	H	P	R	C	F	G	L	G	F	Z	S	F
O	R	D	N	L	E	N	G	Z	K	E	O	L	A	E	Q
N	G	N	K	T	E	K	B	K	D	N	X	E	Y	N	L
C	G	Y	N	P	A	D	S	W	O	C	O	C	F	C	H
E	A	E	P	M	E	T	G	I	R	E	R	T	O	E	U
N	C	J	M	W	E	V	T	E	O	O	O	I	I	Y	E
T	V	V	L	R	Y	P	L	E	H	G	R	O	U	N	D
R	X	L	E	T	E	G	I	C	N	G	V	N	X	C	E
A	K	H	I	C	M	F	N	W	P	T	F	X	U	Q	M
T	Y	R	R	R	S	A	K	X	R	R	I	P	Y	F	S
E	U	E	O	X	T	V	B	E	O	N	U	V	V	B	L
P	P	V	I	P	S	L	O	W	N	E	S	S	E	N	O

ANCHOR
CENTER
GROUND
KNOWLEDGE
PERCEPTION
PURITY
SILENCE
SOFTNESS

ATTENTIVE
CONCENTRATE
HERE
MERCY
PRESENCE
REFLECTION
SLOWNESS
TRANQUILITY