

Mindfulness Word Search

Puzzle 299

K	E	Q	S	I	L	E	N	C	E	C	T	G	J	R	Q
Y	T	S	T	A	B	L	E	C	C	O	R	H	E	A	L
W	Z	C	Q	O	E	L	L	D	W	P	Y	S	A	H	H
S	P	H	O	I	X	I	W	W	O	E	S	E	I	A	V
T	D	E	A	N	N	C	H	V	U	N	H	N	W	C	I
B	L	S	A	V	T	T	G	W	E	N	E	S	S	O	U
R	Z	L	Y	C	A	E	R	M	C	E	L	A	P	S	G
E	M	O	O	E	E	P	M	D	E	S	T	T	I	N	N
F	X	W	R	X	J	F	H	P	S	S	E	I	R	V	W
L	A	B	E	I	P	E	U	B	L	P	R	O	I	U	A
E	D	J	Z	O	R	S	S	L	V	A	Z	N	T	R	Y
C	D	K	B	P	R	E	S	E	N	T	T	S	C	T	N
T	N	S	L	O	W	N	E	S	S	X	T	I	I	Z	I
I	A	B	A	U	E	Q	J	X	M	G	G	R	O	D	K
O	Y	P	R	E	S	E	N	C	E	L	U	K	A	N	I
N	V	U	Q	B	E	B	Y	G	J	P	Q	D	A	O	R

**BREATH
HEAL
PEACEFUL
PRESENT
REFLECTION
SHELTER
SLOW
SPIRIT**

**CONTEMPLATION
OPENNESS
PRESENCE
PURITY
SENSATION
SILENCE
SLOWNESS
STABLE**

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Puzzle-Solution 299

K	E	Q	S	I	L	E	N	C	E	C	T	G	J	R	Q
Y	T	S	T	A	B	L	E	C	C	O	R	H	E	A	L
W	Z	C	Q	O	E	L	L	D	W	P	Y	S	A	H	H
S	P	H	O	I	X	I	W	W	O	E	S	E	I	A	V
T	D	E	A	N	N	C	H	V	U	N	H	N	W	C	I
B	L	S	A	V	T	T	G	W	E	N	E	S	S	O	U
R	Z	L	Y	C	A	E	R	M	C	E	L	A	P	S	G
E	M	O	O	E	E	P	M	D	E	S	T	T	I	N	N
F	X	W	R	X	J	F	H	P	S	S	E	I	R	V	W
L	A	B	E	I	P	E	U	B	L	P	R	O	I	U	A
E	D	J	Z	O	R	S	S	L	V	A	Z	N	T	R	Y
C	D	K	B	P	R	E	S	E	N	T	T	S	C	T	N
T	N	S	L	O	W	N	E	S	S	X	T	I	I	Z	I
I	A	B	A	U	E	Q	J	X	M	G	G	R	O	D	K
O	Y	P	R	E	S	E	N	C	E	L	U	K	A	N	I
N	V	U	Q	B	E	B	Y	G	J	P	Q	D	A	O	R

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