

Mindfulness Word Search

Puzzle 302

P	H	D	B	W	U	Q	G	W	T	T	W	F	D	Z	U
C	A	I	N	T	R	O	S	P	E	C	T	B	A	X	C
I	M	T	S	O	F	C	B	H	E	A	L	T	H	Z	O
W	Z	T	I	E	W	O	M	A	Q	Q	T	O	U	C	H
S	L	O	I	E	S	N	Q	S	L	G	Y	I	D	E	L
W	I	L	G	P	N	S	U	P	L	A	S	Q	G	K	Z
D	E	M	R	E	T	C	I	A	Q	Z	N	U	M	O	I
R	S	P	A	X	D	I	E	W	P	X	F	C	U	E	J
B	A	I	C	E	I	O	T	G	S	E	X	J	E	A	L
V	F	E	E	W	Q	U	U	E	R	C	Z	X	A	H	E
Z	E	P	F	A	R	S	D	N	P	U	R	P	O	S	E
H	T	H	U	J	W	N	E	U	Q	S	O	L	O	Q	E
D	Y	R	L	G	J	E	S	I	J	P	S	P	U	J	M
S	O	O	T	H	E	S	Z	N	M	R	M	X	R	E	F
S	S	D	N	V	Q	S	A	E	P	O	G	E	A	F	C
Z	N	X	B	Z	R	T	K	R	C	Z	Z	F	U	D	T

BALANCE
CONSCIOUSNESS
GRACEFUL
INTROSPECT
PATIENCE
QUIETUDE
RELIEF
SOOTHE

COMPOSE
GENUINE
HEALTH
NOW
PURPOSE
REFUGE
SAFETY
TOUCH

Mindfulness Word Search

Puzzle-Solution 302

P	H	D	B	W	U	Q	G	W	T	T	W	F	D	Z	U
C	A	I	N	T	R	O	S	P	E	C	T	B	A	X	C
I	M	T	S	O	F	C	B	H	E	A	L	T	H	Z	O
W	Z	T	I	E	W	O	M	A	Q	Q	T	O	U	C	H
S	L	O	I	E	S	N	Q	S	L	G	Y	I	D	E	L
W	I	L	G	P	N	S	U	P	L	A	S	Q	G	K	Z
D	E	M	R	E	T	C	I	A	Q	Z	N	U	M	O	I
R	S	P	A	X	D	I	E	W	P	X	F	C	U	E	J
B	A	I	C	E	I	O	T	G	S	E	X	J	E	A	L
V	F	E	E	W	Q	U	U	E	R	C	Z	X	A	H	E
Z	E	P	F	A	R	S	D	N	P	U	R	P	O	S	E
H	T	H	U	J	W	N	E	U	Q	S	O	L	O	Q	E
D	Y	R	L	G	J	E	S	I	J	P	S	P	U	J	M
S	O	O	T	H	E	S	Z	N	M	R	M	X	R	E	F
S	S	D	N	V	Q	S	A	E	P	O	G	E	A	F	C
Z	N	X	B	Z	R	T	K	R	C	Z	Z	F	U	D	T

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