

# Mindfulness Word Search

## Puzzle 303

S	I	E	Z	Y	Q	G	E	N	T	L	E	N	E	S	S
O	B	S	E	R	V	A	T	I	O	N	V	P	A	R	N
F	C	B	L	E	Q	U	A	N	I	M	I	T	Y	N	P
Z	Z	J	K	Z	K	A	V	W	T	Y	N	C	A	R	E
J	I	N	T	E	N	T	C	N	R	L	O	P	H	U	L
C	D	I	T	A	Z	Q	A	C	U	E	D	P	I	M	A
O	X	W	V	I	E	L	F	F	E	K	L	D	E	D	U
N	Q	F	Q	U	I	Z	H	P	P	P	U	A	P	N	F
T	K	Q	U	G	L	T	C	U	I	E	T	U	X	E	R
I	P	I	I	V	U	N	Z	R	M	V	Z	A	R	W	G
N	L	V	N	R	G	B	P	P	S	N	C	E	N	T	F
U	X	U	T	D	E	B	Y	O	F	T	C	O	G	C	W
I	W	A	V	X	N	Q	R	S	V	N	C	S	Z	O	E
T	B	A	M	V	T	E	I	E	I	T	T	I	W	Y	J
Y	V	X	O	R	L	T	S	S	B	W	F	K	E	N	J
L	J	X	M	H	E	U	T	S	U	Z	O	Y	L	H	A

**ACCEPTANCE  
CONTINUITY  
EQUANIMITY  
GENTLENESS  
KINDNESS  
OPEN  
RELAX  
TRUTHFUL**

**CARE  
COZY  
GENTLE  
INTENT  
OBSERVATION  
PURPOSE  
SINCERE  
VIGILANT**

# Mindfulness Word Search

## Puzzle-Solution 303

S	I	E	Z	Y	Q	G	E	N	T	L	E	N	E	S	S
O	B	S	E	R	V	A	T	I	O	N	V	P	A	R	N
F	C	B	L	E	Q	U	A	N	I	M	I	T	Y	N	P
Z	Z	J	K	Z	K	A	V	W	T	Y	N	C	A	R	E
J	I	N	T	E	N	T	C	N	R	L	O	P	H	U	L
C	D	I	T	A	Z	Q	A	C	U	E	D	P	I	M	A
O	X	W	V	I	E	L	F	F	E	K	L	D	E	D	U
N	Q	F	Q	U	I	Z	H	P	P	P	U	A	P	N	F
T	K	Q	U	G	L	T	C	U	I	E	T	U	X	E	R
I	P	I	I	V	U	N	Z	R	M	V	Z	A	R	W	G
N	L	V	N	R	G	B	P	P	S	N	C	E	N	T	F
U	X	U	T	D	E	B	Y	O	F	T	C	O	G	C	W
I	W	A	V	X	N	Q	R	S	V	N	C	S	Z	O	E
T	B	A	M	V	T	E	I	E	I	T	T	I	W	Y	J
Y	V	X	O	R	L	T	S	S	B	W	F	K	E	N	J
L	J	X	M	H	E	U	T	S	U	Z	O	Y	L	H	A

**ACCEPTANCE**  
**CONTINUITY**  
**EQUANIMITY**  
**GENTLENESS**  
**KINDNESS**  
**OPEN**  
**RELAX**  
**TRUTHFUL**

**CARE**  
**COZY**  
**GENTLE**  
**INTENT**  
**OBSERVATION**  
**PURPOSE**  
**SINCERE**  
**VIGILANT**