

# Mindfulness Word Search

## Puzzle 309

S	B	A	A	X	W	K	I	N	D	N	E	S	S	G	W
Z	G	B	W	F	Z	X	N	U	Y	Y	K	G	D	R	U
X	E	L	I	Z	U	T	S	T	T	J	U	L	T	O	V
V	D	O	R	B	F	Y	I	I	S	U	B	A	N	U	N
E	B	B	W	X	I	M	L	J	N	Q	Z	M	C	N	L
R	Z	O	V	U	I	I	I	A	E	C	D	W	X	D	L
I	L	C	D	N	U	U	L	L	V	H	E	A	L	E	C
S	T	Y	A	Q	A	K	G	K	S	S	P	R	Z	R	R
C	Q	U	N	A	T	T	E	N	T	I	O	N	E	X	E
R	Q	A	S	U	W	W	V	E	N	N	O	O	V	E	C
E	R	T	H	C	R	H	T	C	O	O	K	B	H	T	E
T	O	C	E	S	W	L	O	F	W	T	U	J	K	E	P
I	K	B	L	W	O	X	X	L	V	I	T	I	H	R	T
B	G	V	T	F	V	U	M	G	E	C	F	Z	F	N	I
R	F	T	E	J	K	Y	L	O	U	E	G	A	K	A	V
Q	J	H	R	S	T	A	B	I	L	I	T	Y	U	L	E

**ATTENTION  
ETERNAL  
HEAL  
NOTICE  
RECEPTIVE  
SINCERE  
SOUL  
TRANQUILITY**

**EQUANIMITY  
GROUND  
KINDNESS  
NOW  
SHELTER  
SLOW  
STABILITY  
WHOLE**

# Mindfulness Word Search

## Puzzle-Solution 309

S	B	A	A	X	W	K	I	N	D	N	E	S	S	G	W
Z	G	B	W	F	Z	X	N	U	Y	Y	K	G	D	R	U
X	E	L	I	Z	U	T	S	T	T	J	U	L	T	O	V
V	D	O	R	B	F	Y	I	I	S	U	B	A	N	U	N
E	B	B	W	X	I	M	L	J	N	Q	Z	M	C	N	L
R	Z	O	V	U	I	I	I	A	E	C	D	W	X	D	L
I	L	C	D	N	U	U	L	L	V	H	E	A	L	E	C
S	T	Y	A	Q	A	K	G	K	S	S	P	R	Z	R	R
C	Q	U	N	A	T	T	E	N	T	I	O	N	E	X	E
R	Q	A	S	U	W	W	V	E	N	N	O	O	V	E	C
E	R	T	H	C	R	H	T	C	O	O	K	B	H	T	E
T	O	C	E	S	W	L	O	F	W	T	U	J	K	E	P
I	K	B	L	W	O	X	X	L	V	I	T	I	H	R	T
B	G	V	T	F	V	U	M	G	E	C	F	Z	F	N	I
R	F	T	E	J	K	Y	L	O	U	E	G	A	K	A	V
Q	J	H	R	S	T	A	B	I	L	I	T	Y	U	L	E

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