

# Mindfulness Word Search

## Puzzle 312

B	U	Q	S	X	O	S	M	I	J	G	K	T	F	A	W
O	E	M	Q	S	E	R	E	N	E	P	F	J	Y	S	R
P	M	F	D	S	D	C	P	T	P	H	E	K	K	H	V
E	Z	X	T	J	Y	M	R	E	T	Q	P	Z	G	M	R
N	G	E	N	T	L	E	D	S	T	L	U	X	K	N	H
N	B	H	F	C	S	T	I	L	L	N	E	S	S	W	Y
E	F	C	P	E	A	C	E	W	Y	R	O	M	N	M	T
S	M	K	F	H	C	G	T	T	Y	E	B	O	E	S	H
S	V	J	L	O	K	E	I	M	L	T	I	N	N	N	M
S	A	Y	O	Q	B	R	X	B	G	T	S	U	Z	H	T
C	T	F	W	X	G	S	A	C	P	G	U	R	L	I	L
F	I	G	E	E	Q	U	E	E	J	W	P	T	A	A	H
B	Z	A	T	T	Q	V	C	R	V	Z	P	U	E	X	B
P	I	N	K	E	Y	R	L	Y	V	C	O	R	X	L	D
P	I	N	G	F	E	A	E	U	V	E	R	E	I	S	I
L	C	J	Q	P	S	G	X	N	P	U	T	T	H	U	W

**EQUABLE  
GENTLE  
NURTURE  
OPENNESS  
PERCEPTION  
RHYTHM  
SERENE  
STILLNESS**

**FLOW  
INTEGRITY  
OBSERVE  
PEACE  
REAL  
SAFETY  
SETTLEMENT  
SUPPORT**

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## Puzzle-Solution 312

B	U	Q	S	X	O	S	M	I	J	G	K	T	F	A	W
O	E	M	Q	S	E	R	E	N	E	P	F	J	Y	S	R
P	M	F	D	S	D	C	P	T	P	H	E	K	K	H	V
E	Z	X	T	J	Y	M	R	E	T	Q	P	Z	G	M	R
N	G	E	N	T	L	E	D	S	T	L	U	X	K	N	H
N	B	H	F	C	S	T	I	L	L	N	E	S	S	W	Y
E	F	C	P	E	A	C	E	W	Y	R	O	M	N	M	T
S	M	K	F	H	C	G	T	T	Y	E	B	O	E	S	H
S	V	J	L	O	K	E	I	M	L	T	I	N	N	N	M
S	A	Y	O	Q	B	R	X	B	G	T	S	U	Z	H	T
C	T	F	W	X	G	S	A	C	P	G	U	R	L	I	L
F	I	G	E	E	Q	U	E	E	J	W	P	T	A	A	H
B	Z	A	T	T	Q	V	C	R	V	Z	P	U	E	X	B
P	I	N	K	E	Y	R	L	Y	V	C	O	R	X	L	D
P	I	N	G	F	E	A	E	U	V	E	R	E	I	S	I
L	C	J	Q	P	S	G	X	N	P	U	T	T	H	U	W

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