

# Mindfulness Word Search

## Puzzle 315

C	H	U	C	W	M	N	F	T	U	Z	J	S	Y	H	P
O	C	L	E	U	Q	C	X	O	T	P	S	G	H	E	W
M	O	F	N	T	Z	U	I	G	U	E	R	G	S	R	R
P	N	Z	T	B	V	E	I	B	N	E	F	Z	G	E	H
O	T	V	E	A	U	T	H	E	N	T	I	C	I	V	N
S	E	S	R	T	D	T	L	E	T	R	N	Y	N	C	B
U	M	I	Z	I	R	T	Q	U	U	U	L	P	T	E	N
R	P	M	M	C	N	A	L	U	D	M	D	K	U	G	K
E	L	P	B	E	G	T	N	G	E	D	T	E	I	T	U
E	A	L	G	Q	U	P	E	Q	R	R	H	Y	T	H	M
T	T	I	S	D	I	F	F	G	U	K	A	H	I	Z	D
M	I	C	U	F	R	B	Q	N	R	I	C	O	O	R	K
R	O	I	A	N	C	H	O	R	Z	I	L	B	N	U	K
H	N	T	U	X	V	G	J	E	C	B	T	I	I	X	I
P	O	Y	C	S	O	F	T	N	E	S	S	Y	T	P	W
Z	W	H	F	O	R	G	I	V	E	N	E	S	S	Y	C

**ANCHOR  
CENTER  
CONTEMPLATION  
FORGIVENESS  
HERE  
INTUITION  
RHYTHM  
SOFTNESS**

**AUTHENTIC  
COMPOSURE  
ENERGY  
GENTLENESS  
INTEGRITY  
QUIETUDE  
SIMPLICITY  
TRANQUILITY**

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## Puzzle-Solution 315

C	H	U	C	W	M	N	F	T	U	Z	J	S	Y	H	P
O	C	L	E	U	Q	C	X	O	T	P	S	G	H	E	W
M	O	F	N	T	Z	U	I	G	U	E	R	G	S	R	R
P	N	Z	T	B	V	E	I	B	N	E	F	Z	G	E	H
O	T	V	E	A	U	T	H	E	N	T	I	C	I	V	N
S	E	S	R	T	D	T	L	E	T	R	N	Y	N	C	B
U	M	I	Z	I	R	T	Q	U	U	U	L	P	T	E	N
R	P	M	M	C	N	A	L	U	D	M	D	K	U	G	K
E	L	P	B	E	G	T	N	G	E	D	T	E	I	T	U
E	A	L	G	Q	U	P	E	Q	R	R	H	Y	T	H	M
T	T	I	S	D	I	F	F	G	U	K	A	H	I	Z	D
M	I	C	U	F	R	B	Q	N	R	I	C	O	O	R	K
R	O	I	A	N	C	H	O	R	Z	I	L	B	N	U	K
H	N	T	U	X	V	G	J	E	C	B	T	I	I	X	I
P	O	Y	C	S	O	F	T	N	E	S	S	Y	T	P	W
Z	W	H	F	O	R	G	I	V	E	N	E	S	S	Y	C

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