

# Mindfulness Word Search

## Puzzle 325

I	E	Q	U	A	N	I	M	I	T	Y	F	Q	Y	P	D
N	R	E	A	L	X	K	B	O	A	W	A	R	E	E	C
T	W	J	Y	F	N	R	E	E	L	J	P	G	G	B	O
R	M	Z	N	Y	O	V	Y	A	B	P	D	C	R	Y	N
O	T	C	R	T	T	T	G	X	C	S	H	N	O	S	C
S	Y	A	Z	D	I	Y	P	Y	S	M	A	U	U	E	E
P	E	L	S	N	C	T	T	E	E	P	V	C	N	N	N
E	E	F	E	X	E	J	N	T	O	C	E	T	D	S	T
C	L	R	F	S	Y	L	L	E	R	F	N	J	N	E	R
T	E	E	W	O	L	B	L	P	D	U	Q	H	L	Q	A
S	S	S	F	I	R	E	R	S	T	U	T	J	U	E	T
Q	I	E	T	N	M	T	P	E	A	C	E	H	C	Q	I
U	C	S	Y	W	H	O	L	E	N	E	S	S	F	S	O
Y	D	N	M	H	Z	K	C	E	A	U	I	Y	Q	U	N
T	N	G	J	V	I	G	X	L	S	S	L	S	K	T	L
R	S	T	I	L	L	E	I	Z	E	S	O	B	S	G	R

**AWARE  
EFFORTLESS  
GROUND  
INTROSPECT  
PEACE  
SENSE  
STILL  
TRUTHFUL**

**CONCENTRATION  
EQUANIMITY  
HAVEN  
NOTICE  
REAL  
SERENITY  
STILLNESS  
WHOLENESS**

# Mindfulness Word Search

## Puzzle-Solution 325

I	E	Q	U	A	N	I	M	I	T	Y	F	Q	Y	P	D
N	R	E	A	L	X	K	B	O	A	W	A	R	E	E	C
T	W	J	Y	F	N	R	E	E	L	J	P	G	G	B	O
R	M	Z	N	Y	O	V	Y	A	B	P	D	C	R	Y	N
O	T	C	R	T	T	T	G	X	C	S	H	N	O	S	C
S	Y	A	Z	D	I	Y	P	Y	S	M	A	U	U	E	E
P	E	L	S	N	C	T	T	E	E	P	V	C	N	N	N
E	E	F	E	X	E	J	N	T	O	C	E	T	D	S	T
C	L	R	F	S	Y	L	L	E	R	F	N	J	N	E	R
T	E	E	W	O	L	B	L	P	D	U	Q	H	L	Q	A
S	S	S	F	I	R	E	R	S	T	U	T	J	U	E	T
Q	I	E	T	N	M	T	P	E	A	C	E	H	C	Q	I
U	C	S	Y	W	H	O	L	E	N	E	S	S	F	S	O
Y	D	N	M	H	Z	K	C	E	A	U	I	Y	Q	U	N
T	N	G	J	V	I	G	X	L	S	S	L	S	K	T	L
R	S	T	I	L	L	E	I	Z	E	S	O	B	S	G	R

**AWARE**  
**EFFORTLESS**  
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