

# Mindfulness Word Search

## Puzzle 340

I	P	Z	C	O	M	P	A	S	S	I	O	N	K	V	M
X	E	O	I	N	S	I	G	H	T	F	U	L	M	B	G
P	N	N	X	Z	A	S	N	E	D	D	Y	A	W	F	Z
V	S	R	U	O	N	R	E	J	W	T	C	C	R	D	L
T	U	W	H	R	W	Q	N	U	I	J	O	O	V	X	H
L	S	K	E	Y	T	W	N	U	P	W	N	N	J	Q	O
C	T	L	A	P	L	U	N	D	F	Z	C	T	R	Y	R
T	A	O	L	F	E	I	R	E	R	E	E	E	I	K	Z
M	B	Z	T	E	T	R	S	E	C	G	N	M	K	I	T
S	I	V	H	N	A	U	C	N	O	Z	T	P	O	N	S
Z	L	L	O	W	A	K	A	E	M	F	R	L	O	D	E
N	I	C	T	P	C	L	R	Y	P	W	A	A	C	N	A
E	T	X	X	Y	A	B	U	E	T	T	T	T	K	E	S
O	Y	Q	B	B	C	W	E	H	S	B	I	I	Y	S	E
E	Q	U	A	N	I	M	I	T	Y	T	O	O	A	S	V
M	I	N	D	F	U	L	N	E	S	S	N	N	N	C	F

**BALANCE**  
**CONCENTRATION**  
**CONTINUITY**  
**EQUANIMITY**  
**INSIGHTFUL**  
**MINDFULNESS**  
**PAUSE**  
**REST**

**COMPASSION**  
**CONTEMPLATION**  
**EASE**  
**HEALTH**  
**KINDNESS**  
**NURTURE**  
**PERCEPTION**  
**STABILITY**

# Mindfulness Word Search

## Puzzle-Solution 340

I	P	Z	C	O	M	P	A	S	S	I	O	N	K	V	M
X	E	O	I	N	S	I	G	H	T	F	U	L	M	B	G
P	N	N	X	Z	A	S	N	E	D	D	Y	A	W	F	Z
V	S	R	U	O	N	R	E	J	W	T	C	C	R	D	L
T	U	W	H	R	W	Q	N	U	I	J	O	O	V	X	H
L	S	K	E	Y	T	W	N	U	P	W	N	N	J	Q	O
C	T	L	A	P	L	U	N	D	F	Z	C	T	R	Y	R
T	A	O	L	F	E	I	R	E	R	E	E	E	I	K	Z
M	B	Z	T	E	T	R	S	E	C	G	N	M	K	I	T
S	I	V	H	N	A	U	C	N	O	Z	T	P	O	N	S
Z	L	L	O	W	A	K	A	E	M	F	R	L	O	D	E
N	I	C	T	P	C	L	R	Y	P	W	A	A	C	N	A
E	T	X	X	Y	A	B	U	E	T	T	T	T	K	E	S
O	Y	Q	B	B	C	W	E	H	S	B	I	I	Y	S	E
E	Q	U	A	N	I	M	I	T	Y	T	O	O	A	S	V
M	I	N	D	F	U	L	N	E	S	S	N	N	N	C	F

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