

# Mindfulness Word Search

## Puzzle 350

Z	S	S	W	X	U	G	J	D	A	J	S	B	U	W	J
T	R	U	E	I	I	S	S	C	D	W	K	D	O	M	T
P	S	E	P	N	O	T	E	J	K	Z	D	L	W	N	E
G	K	M	S	P	S	Z	T	N	Y	M	L	L	E	R	Z
R	Q	O	K	T	O	O	Q	N	S	A	N	M	E	E	Q
T	K	B	A	D	Z	R	R	I	H	E	O	H	F	U	Z
W	R	S	T	H	V	F	T	Y	N	M	W	P	R	C	R
T	H	E	T	O	F	O	R	G	I	V	E	N	E	S	S
T	Y	R	E	V	H	E	A	L	T	H	L	I	F	X	H
R	T	V	N	L	P	E	R	T	C	T	L	S	L	S	Z
X	H	A	T	V	G	R	I	E	I	Q	N	G	E	O	Z
N	M	T	I	N	G	I	K	R	E	J	E	P	C	N	O
S	X	I	V	S	J	A	I	I	W	N	S	R	T	J	N
C	I	O	E	F	J	P	Z	H	C	P	S	C	I	I	H
Q	I	N	X	H	S	U	V	P	N	E	M	X	O	Z	R
M	J	I	N	S	I	G	H	T	F	U	L	J	N	V	I

**ALLOW  
FORGIVENESS  
HERE  
MOMENT  
REFLECTION  
RHYTHM  
SENSORY  
SUPPORT**

**ATTENTIVE  
HEALTH  
INSIGHTFUL  
OBSERVATION  
REST  
SENSE  
SPIRIT  
WELLNESS**

# Mindfulness Word Search

## Puzzle-Solution 350

Z	S	S	W	X	U	G	J	D	A	J	S	B	U	W	J
T	R	U	E	I	I	S	S	C	D	W	K	D	O	M	T
P	S	E	P	N	O	T	E	J	K	Z	D	L	W	N	E
G	K	M	S	P	S	Z	T	N	Y	M	L	L	E	R	Z
R	Q	O	K	T	O	O	Q	N	S	A	N	M	E	E	Q
T	K	B	A	D	Z	R	R	I	H	E	O	H	F	U	Z
W	R	S	T	H	V	F	T	Y	N	M	W	P	R	C	R
T	H	E	T	O	F	O	R	G	I	V	E	N	E	S	S
T	Y	R	E	V	H	E	A	L	T	H	L	I	F	X	H
R	T	V	N	L	P	E	R	T	C	T	L	S	L	S	Z
X	H	A	T	V	G	R	I	E	I	Q	N	G	E	O	Z
N	M	T	I	N	G	I	K	R	E	J	E	P	C	N	O
S	X	I	V	S	J	A	I	I	W	N	S	R	T	J	N
C	I	O	E	F	J	P	Z	H	C	P	S	C	I	I	H
Q	I	N	X	H	S	U	V	P	N	E	M	X	O	Z	R
M	J	I	N	S	I	G	H	T	F	U	L	J	N	V	I

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