

# Mindfulness Word Search

## Puzzle 353

H	A	R	M	O	N	Y	F	D	V	L	V	T	K	I	S
A	J	C	T	B	Z	L	E	J	K	P	I	A	K	S	V
R	X	A	R	R	O	U	A	O	G	C	T	A	E	D	B
Q	J	T	A	Y	U	K	R	Z	U	C	A	N	H	N	F
O	U	T	N	G	G	H	A	V	E	N	L	G	A	D	D
T	G	E	Q	Y	U	I	A	O	O	L	I	X	K	E	L
A	G	N	U	Y	U	S	D	G	I	T	T	G	S	E	I
C	Y	T	I	H	B	P	U	T	J	R	Y	O	S	Y	N
C	R	I	L	R	Q	R	S	P	D	S	P	J	J	I	S
E	J	V	I	X	E	O	E	O	P	R	E	N	J	Q	I
P	O	E	T	Y	T	L	K	A	U	O	W	R	W	P	G
T	J	T	Y	J	A	V	A	P	T	T	R	L	E	L	H
A	N	B	I	K	W	M	F	X	M	H	O	T	F	N	T
N	W	H	O	L	E	N	E	S	S	A	F	H	I	S	E
C	I	E	Q	U	A	N	I	M	I	T	Y	U	D	G	E
E	O	R	D	E	R	G	V	B	B	J	P	R	L	Y	Z

**ACCEPTANCE  
BREATHFUL  
HARMONY  
INSIGHT  
PURPOSE  
SERENE  
SUPPORT  
VITALITY**

**ATTENTIVE  
EQUANIMITY  
HAVEN  
ORDER  
RELAX  
STILLNESS  
TRANQUILITY  
WHOLENESS**

# Mindfulness Word Search

## Puzzle-Solution 353

H	A	R	M	O	N	Y	F	D	V	L	V	T	K	I	S
A	J	C	T	B	Z	L	E	J	K	P	I	A	K	S	V
R	X	A	R	R	O	U	A	O	G	C	T	A	E	D	B
Q	J	T	A	Y	U	K	R	Z	U	C	A	N	H	N	F
O	U	T	N	G	G	H	A	V	E	N	L	G	A	D	D
T	G	E	Q	Y	U	I	A	O	O	L	I	X	K	E	L
A	G	N	U	Y	U	S	D	G	I	T	T	G	S	E	I
C	Y	T	I	H	B	P	U	T	J	R	Y	O	S	Y	N
C	R	I	L	R	Q	R	S	P	D	S	P	J	J	I	S
E	J	V	I	X	E	O	E	O	P	R	E	N	J	Q	I
P	O	E	T	Y	T	L	K	A	U	O	W	R	W	P	G
T	J	T	Y	J	A	V	A	P	T	T	R	L	E	L	H
A	N	B	I	K	W	M	F	X	M	H	O	T	F	N	T
N	W	H	O	L	E	N	E	S	S	A	F	H	I	S	E
C	I	E	Q	U	A	N	I	M	I	T	Y	U	D	G	E
E	O	R	D	E	R	G	V	B	B	J	P	R	L	Y	Z

**ACCEPTANCE**  
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