

Mindfulness Word Search

Puzzle 359

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | A | U | S | E | B | S | R | E | C | E | P | T | I | V | E |
| C | A | R | E | M | F | A | T | X | H | T | N | G | C | H | A |
| Z | T | T | D | O | E | W | X | I | H | A | A | R | V | S | B |
| P | H | E | S | Q | F | G | O | S | L | J | Y | A | F | N | X |
| U | T | Y | G | U | T | P | K | I | Y | L | S | C | N | M | V |
| K | C | A | Z | I | K | W | G | W | T | X | N | E | R | P | N |
| N | N | Y | S | E | I | I | D | P | R | V | C | E | S | R | H |
| A | L | C | J | T | V | U | S | T | E | A | D | Y | S | K | P |
| O | I | W | U | U | E | B | F | L | E | F | V | V | T | S | D |
| S | F | X | P | D | N | X | A | L | G | J | S | H | V | D | P |
| B | E | A | S | E | F | U | L | L | P | N | G | I | W | O | V |
| X | R | L | U | U | Y | E | W | D | A | I | L | B | U | L | G |
| R | S | E | K | D | C | D | D | J | S | N | W | I | L | C | I |
| I | H | V | A | E | S | N | O | N | O | O | C | O | G | S | G |
| L | J | L | E | T | D | C | I | O | L | O | R | E | R | A | B |
| A | L | L | O | W | H | A | E | S | A | M | R | Q | M | Q | A |

**ALLOW
BREATH
EASEFUL
INSIGHT
PAUSE
RECEPTIVE
STEADY
TASTE**

**BALANCE
CARE
GRACE
LIFE
QUIETUDE
SLOW
STILLNESS
VIGILANT**

Mindfulness Word Search

Puzzle-Solution 359

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| P | A | U | S | E | B | S | R | E | C | E | P | T | I | V | E |
| C | A | R | E | M | F | A | T | X | H | T | N | G | C | H | A |
| Z | T | T | D | O | E | W | X | I | H | A | A | R | V | S | B |
| P | H | E | S | Q | F | G | O | S | L | J | Y | A | F | N | X |
| U | T | Y | G | U | T | P | K | I | Y | L | S | C | N | M | V |
| K | C | A | Z | I | K | W | G | W | T | X | N | E | R | P | N |
| N | N | Y | S | E | I | I | D | P | R | V | C | E | S | R | H |
| A | L | C | J | T | V | U | S | T | E | A | D | Y | S | K | P |
| O | I | W | U | U | E | B | F | L | E | F | V | V | T | S | D |
| S | F | X | P | D | N | X | A | L | G | J | S | H | V | D | P |
| B | E | A | S | E | F | U | L | L | P | N | G | I | W | O | V |
| X | R | L | U | U | Y | E | W | D | A | I | L | B | U | L | G |
| R | S | E | K | D | C | D | D | J | S | N | W | I | L | C | I |
| I | H | V | A | E | S | N | O | N | O | O | C | O | G | S | G |
| L | J | L | E | T | D | C | I | O | L | O | R | E | R | A | B |
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