

Mindfulness Word Search

Puzzle 360

C	O	N	S	C	I	O	U	S	N	E	S	S	T	R	M
Y	C	S	T	E	A	D	Y	N	F	E	F	T	M	E	W
K	G	O	Z	W	E	S	R	C	H	P	N	M	P	C	R
V	H	B	M	T	O	K	B	T	P	E	I	D	T	E	Q
G	A	A	D	P	W	B	U	L	S	Z	I	Q	O	P	I
T	K	U	O	F	A	R	Y	E	C	A	R	E	L	T	J
A	N	C	T	F	T	S	R	B	C	J	A	Y	E	I	V
T	P	Y	M	H	H	P	S	Q	H	J	L	S	R	V	U
T	R	E	F	L	E	C	T	I	O	N	E	O	A	E	B
E	Y	Q	W	W	U	N	U	V	O	D	R	A	N	U	A
N	M	N	R	A	K	Z	T	S	H	N	T	W	C	A	L
T	I	M	S	W	E	Y	N	I	N	E	D	E	E	U	A
I	B	O	D	Y	R	Z	B	M	C	B	A	N	I	F	N
V	S	H	E	L	T	E	R	E	I	C	H	R	T	U	C
E	O	V	I	O	X	M	O	F	C	P	K	N	T	S	E
R	A	L	Z	C	C	L	M	T	H	Q	X	A	Z	L	S

**ALERT
AUTHENTIC
BODY
COMPASSION
HEART
RECEPTIVE
SHELTER
TOLERANCE**

**ATTENTIVE
BALANCE
CARE
CONSCIOUSNESS
PRESENT
REFLECTION
STEADY
TRUTH**

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Puzzle-Solution 360

C	O	N	S	C	I	O	U	S	N	E	S	S	T	R	M
Y	C	S	T	E	A	D	Y	N	F	E	F	T	M	E	W
K	G	O	Z	W	E	S	R	C	H	P	N	M	P	C	R
V	H	B	M	T	O	K	B	T	P	E	I	D	T	E	Q
G	A	A	D	P	W	B	U	L	S	Z	I	Q	O	P	I
T	K	U	O	F	A	R	Y	E	C	A	R	E	L	T	J
A	N	C	T	F	T	S	R	B	C	J	A	Y	E	I	V
T	P	Y	M	H	H	P	S	Q	H	J	L	S	R	V	U
T	R	E	F	L	E	C	T	I	O	N	E	O	A	E	B
E	Y	Q	W	W	U	N	U	V	O	D	R	A	N	U	A
N	M	N	R	A	K	Z	T	S	H	N	T	W	C	A	L
T	I	M	S	W	E	Y	N	I	N	E	D	E	E	U	A
I	B	O	D	Y	R	Z	B	M	C	B	A	N	I	F	N
V	S	H	E	L	T	E	R	E	I	C	H	R	T	U	C
E	O	V	I	O	X	M	O	F	C	P	K	N	T	S	E
R	A	L	Z	C	C	L	M	T	H	Q	X	A	Z	L	S

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