

# Mindfulness Word Search

## Puzzle 362

U	B	C	O	N	T	E	M	P	L	A	T	I	O	N	V
Y	C	A	N	L	S	E	A	S	E	F	U	L	H	W	Y
J	G	O	E	Q	X	L	R	V	Y	T	M	E	Z	P	E
L	V	J	Z	R	C	V	J	C	I	T	O	Q	Q	C	T
E	T	E	R	N	A	L	Q	W	X	H	N	U	N	A	W
E	R	E	S	T	O	R	A	T	I	V	E	A	N	U	X
T	O	L	E	R	A	N	C	E	U	C	L	N	O	S	S
O	P	E	N	N	E	S	S	N	N	A	E	I	T	M	T
P	Y	A	T	J	N	U	Z	A	B	P	S	M	I	D	E
S	A	N	Z	Y	U	V	T	X	M	R	T	I	C	M	A
X	A	H	D	M	I	P	I	O	E	E	A	T	E	I	D
A	Y	L	S	A	E	T	U	H	R	S	H	Y	K	N	Y
D	Y	I	E	C	P	O	E	W	C	E	O	M	N	D	S
R	Q	H	C	R	K	W	L	D	Y	N	V	F	E	B	M
H	F	A	C	A	T	R	S	S	I	C	Y	C	T	M	Q
T	F	C	S	W	P	L	T	L	O	E	O	Q	F	H	B

**ACCEPTANCE  
BALANCE  
EASEFUL  
ETERNAL  
MIND  
OPENNESS  
RESTORATIVE  
STEADY**

**ALERT  
CONTEMPLATION  
EQUANIMITY  
MERCY  
NOTICE  
PRESENCE  
SOFT  
TOLERANCE**

# Mindfulness Word Search

## Puzzle-Solution 362

U	B	C	O	N	T	E	M	P	L	A	T	I	O	N	V
Y	C	A	N	L	S	E	A	S	E	F	U	L	H	W	Y
J	G	O	E	Q	X	L	R	V	Y	T	M	E	Z	P	E
L	V	J	Z	R	C	V	J	C	I	T	O	Q	Q	C	T
E	T	E	R	N	A	L	Q	W	X	H	N	U	N	A	W
E	R	E	S	T	O	R	A	T	I	V	E	A	N	U	X
T	O	L	E	R	A	N	C	E	U	C	L	N	O	S	S
O	P	E	N	N	E	S	S	N	N	A	E	I	T	M	T
P	Y	A	T	J	N	U	Z	A	B	P	S	M	I	D	E
S	A	N	Z	Y	U	V	T	X	M	R	T	I	C	M	A
X	A	H	D	M	I	P	I	O	E	E	A	T	E	I	D
A	Y	L	S	A	E	T	U	H	R	S	H	Y	K	N	Y
D	Y	I	E	C	P	O	E	W	C	E	O	M	N	D	S
R	Q	H	C	R	K	W	L	D	Y	N	V	F	E	B	M
H	F	A	C	A	T	R	S	S	I	C	Y	C	T	M	Q
T	F	C	S	W	P	L	T	L	O	E	O	Q	F	H	B

**ACCEPTANCE**  
**BALANCE**  
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