

Mindfulness Word Search

Puzzle 370

S	N	A	X	D	E	T	M	S	D	P	Q	B	X	Q	S
I	U	J	C	H	E	B	H	S	I	G	H	T	K	S	A
M	D	T	S	I	A	H	L	P	M	H	R	R	E	F	L
P	Z	N	U	G	N	B	P	C	M	G	P	N	T	B	Y
L	O	Q	A	I	N	S	I	G	H	T	E	V	N	Q	H
I	Q	C	A	L	M	V	K	I	S	L	A	O	O	M	R
C	O	N	C	E	N	T	R	A	T	I	O	N	B	Z	E
I	E	B	A	G	Z	O	E	N	W	O	Q	E	S	A	F
T	S	G	O	V	K	S	E	S	Q	R	R	U	E	O	U
Y	G	L	X	U	W	G	S	O	S	M	I	Q	R	N	G
U	A	K	O	O	W	E	Q	B	P	I	N	P	V	I	E
P	Y	E	X	W	L	K	K	S	B	E	N	U	E	I	L
I	J	M	J	E	N	K	E	K	T	J	N	C	O	G	G
M	V	H	M	M	C	E	V	J	I	I	N	T	E	N	T
J	X	I	W	V	V	A	S	R	S	O	L	E	N	R	A
M	T	K	I	N	D	N	E	S	S	H	S	L	L	B	E

CALM
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OBSERVE
QUIET
SIGHT
SINCERE
STILL

CONCENTRATION
INSIGHT
KINDNESS
OPEN
REFUGE
SIMPLICITY
SLOWNESS
TIMELESS

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Puzzle-Solution 370

S	N	A	X	D	E	T	M	S	D	P	Q	B	X	Q	S
I	U	J	C	H	E	B	H	S	I	G	H	T	K	S	A
M	D	T	S	I	A	H	L	P	M	H	R	R	E	F	L
P	Z	N	U	G	N	B	P	C	M	G	P	N	T	B	Y
L	O	Q	A	I	N	S	I	G	H	T	E	V	N	Q	H
I	Q	C	A	L	M	V	K	I	S	L	A	O	O	M	R
C	O	N	C	E	N	T	R	A	T	I	O	N	B	Z	E
I	E	B	A	G	Z	O	E	N	W	O	Q	E	S	A	F
T	S	G	O	V	K	S	E	S	Q	R	R	U	E	O	U
Y	G	L	X	U	W	G	S	O	S	M	I	Q	R	N	G
U	A	K	O	O	W	E	Q	B	P	I	N	P	V	I	E
P	Y	E	X	W	L	K	K	S	B	E	N	U	E	I	L
I	J	M	J	E	N	K	E	K	T	J	N	C	O	G	G
M	V	H	M	M	C	E	V	J	I	I	N	T	E	N	T
J	X	I	W	V	V	A	S	R	S	O	L	E	N	R	A
M	T	K	I	N	D	N	E	S	S	H	S	L	L	B	E

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