

Mindfulness Word Search

Puzzle 375

C	O	N	S	C	I	O	U	S	N	E	S	S	S	B	J
J	S	N	B	W	K	W	I	Q	N	S	M	F	R	R	U
V	U	Z	E	A	H	K	P	M	E	C	K	K	C	D	A
I	T	C	M	S	U	Z	O	N	K	O	J	U	L	V	W
G	R	V	B	G	E	J	L	E	P	N	L	L	A	H	A
I	G	R	A	C	E	U	Z	G	A	C	O	N	R	X	R
L	Q	R	C	T	F	Y	L	E	V	E	Y	Z	I	T	E
A	A	P	E	D	V	T	J	N	Z	N	X	W	T	P	P
N	M	N	N	F	R	L	R	U	Q	T	I	M	Y	N	S
T	F	I	C	O	U	A	T	I	I	R	T	O	U	C	H
G	M	L	P	H	I	G	S	N	P	A	U	S	E	S	V
W	F	P	U	D	O	H	E	E	B	T	S	K	K	X	I
U	U	R	H	E	A	R	T	L	S	I	B	S	T	M	R
S	X	Z	W	E	F	D	P	I	H	O	M	S	U	C	J
F	O	B	O	D	Y	F	Z	Z	V	N	F	Z	E	N	M
W	K	I	T	Q	C	Z	O	N	Z	G	V	T	S	W	V

**ANCHOR
BODY
CONCENTRATION
GENUINE
HEART
PAUSE
SOFT
TOUCH**

**AWARE
CLARITY
CONSCIOUSNESS
GRACE
MINDFULNESS
REFUGE
SUPPORT
VIGILANT**

Mindfulness Word Search

Puzzle-Solution 375

C	O	N	S	C	I	O	U	S	N	E	S	S	S	B	J
J	S	N	B	W	K	W	I	Q	N	S	M	F	R	R	U
V	U	Z	E	A	H	K	P	M	E	C	K	K	C	D	A
I	T	C	M	S	U	Z	O	N	K	O	J	U	L	V	W
G	R	V	B	G	E	J	L	E	P	N	L	L	A	H	A
I	G	R	A	C	E	U	Z	G	A	C	O	N	R	X	R
L	Q	R	C	T	F	Y	L	E	V	E	Y	Z	I	T	E
A	A	P	E	D	V	T	J	N	Z	N	X	W	T	P	P
N	M	N	N	F	R	L	R	U	Q	T	I	M	Y	N	S
T	F	I	C	O	U	A	T	I	I	R	T	O	U	C	H
G	M	L	P	H	I	G	S	N	P	A	U	S	E	S	V
W	F	P	U	D	O	H	E	E	B	T	S	K	K	X	I
U	U	R	H	E	A	R	T	L	S	I	B	S	T	M	R
S	X	Z	W	E	F	D	P	I	H	O	M	S	U	C	J
F	O	B	O	D	Y	F	Z	Z	V	N	F	Z	E	N	M
W	K	I	T	Q	C	Z	O	N	Z	G	V	T	S	W	V

ANCHOR
BODY
CONCENTRATION
GENUINE
HEART
PAUSE
SOFT
TOUCH

AWARE
CLARITY
CONSCIOUSNESS
GRACE
MINDFULNESS
REFUGE
SUPPORT
VIGILANT