

Mindfulness Word Search

Puzzle 379

B	A	U	T	H	E	N	T	I	C	M	R	N	T	Z	W
R	J	P	J	Q	N	E	L	X	U	V	O	U	U	I	V
E	M	V	R	V	U	F	B	O	Y	I	P	P	X	V	N
A	M	F	G	E	J	I	J	W	S	U	Q	C	S	E	V
T	S	O	A	J	S	E	E	S	Y	W	A	R	M	T	H
H	P	O	J	X	C	E	A	T	G	Q	E	A	S	E	L
F	J	F	F	N	D	P	N	I	U	S	S	Z	K	R	E
U	V	Z	E	M	M	M	U	C	R	D	B	R	U	N	F
L	U	L	C	O	N	A	R	O	E	H	E	E	V	A	F
T	I	R	C	X	A	L	T	P	Z	E	Y	S	B	L	O
S	C	E	D	N	Q	K	U	E	E	N	A	T	S	H	R
U	E	M	T	T	S	K	R	N	S	N	J	F	H	J	T
L	L	W	N	D	S	Q	E	N	D	E	F	U	X	M	L
F	U	P	U	R	I	T	Y	E	Z	X	N	L	L	S	E
N	J	M	E	A	I	B	R	S	H	M	B	S	M	F	S
F	Y	K	A	C	T	H	J	S	A	B	B	I	E	T	S

**AUTHENTIC
COMPASSION
EFFORTLESS
NURTURE
PRESENCE
QUIETUDE
RHYTHM
SILENCE**

**BREATHFUL
EASE
ETERNAL
OPENNESS
PURITY
RESTFUL
SENSE
WARMTH**

Mindfulness Word Search

Puzzle-Solution 379

B	A	U	T	H	E	N	T	I	C	M	R	N	T	Z	W
R	J	P	J	Q	N	E	L	X	U	V	O	U	U	I	V
E	M	V	R	V	U	F	B	O	Y	I	P	P	X	V	N
A	M	F	G	E	J	I	J	W	S	U	Q	C	S	E	V
T	S	O	A	J	S	E	E	S	Y	W	A	R	M	T	H
H	P	O	J	X	C	E	A	T	G	Q	E	A	S	E	L
F	J	F	F	N	D	P	N	I	U	S	S	Z	K	R	E
U	V	Z	E	M	M	M	U	C	R	D	B	R	U	N	F
L	U	L	C	O	N	A	R	O	E	H	E	E	V	A	F
T	I	R	C	X	A	L	T	P	Z	E	Y	S	B	L	O
S	C	E	D	N	Q	K	U	E	E	N	A	T	S	H	R
U	E	M	T	T	S	K	R	N	S	N	J	F	H	J	T
L	L	W	N	D	S	Q	E	N	D	E	F	U	X	M	L
F	U	P	U	R	I	T	Y	E	Z	X	N	L	L	S	E
N	J	M	E	A	I	B	R	S	H	M	B	S	M	F	S
F	Y	K	A	C	T	H	J	S	A	B	B	I	E	T	S

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